

Rockaway Beach (inside), NY - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:31	5.5	8:43	6.3	2:39	0.1	2:37	0.4	5:52	8:10	
2	Wed	9:17	5.6	9:25	6.2	3:23	0.0	3:23	0.4	5:53	8:09	
3	Thu	10:00	5.6	10:05	6.1	4:04	0.0	4:06	0.5	5:54	8:08	
4	Fri	10:41	5.6	10:44	5.8	4:42	0.1	4:48	0.6	5:55	8:07	
5	Sat	11:22	5.6	11:23	5.5	5:17	0.2	5:28	0.8	5:56	8:06	
6	Sun			12:02	5.5	5:51	0.4	6:08	1.0	5:57	8:05	
7	Mon	12:03	5.1	12:43	5.4	6:24	0.7	6:49	1.2	5:58	8:03	
8	Tue	12:45	4.9	1:25	5.3	6:59	0.9	7:36	1.4	5:59	8:02	
9	Wed	1:32	4.6	2:09	5.3	7:39	1.2	8:32	1.5	6:00	8:01	
10	Thu	2:24	4.5	2:57	5.3	8:32	1.3	9:37	1.5	6:01	8:00	
11	Fri	3:20	4.4	3:50	5.4	9:37	1.4	10:42	1.3	6:02	7:58	
12	Sat	4:19	4.4	4:48	5.5	10:42	1.3	11:42	1.0	6:03	7:57	
13	Sun	5:21	4.6	5:46	5.8	11:40	1.1			6:04	7:56	
14	Mon	6:20	4.8	6:42	6.2	12:36	0.7	12:34	0.8	6:05	7:54	
15	Tue	7:14	5.2	7:34	6.5	1:27	0.3	1:27	0.5	6:05	7:53	
16	Wed	8:04	5.6	8:22	6.8	2:16	-0.1	2:18	0.2	6:06	7:51	
17	Thu	8:51	6.0	9:08	6.9	3:02	-0.4	3:09	0.0	6:07	7:50	
18	Fri	9:37	6.3	9:54	6.8	3:46	-0.5	3:59	-0.1	6:08	7:49	
19	Sat	10:24	6.5	10:42	6.5	4:30	-0.6	4:48	-0.1	6:09	7:47	
20	Sun	11:12	6.6	11:33	6.2	5:13	-0.5	5:38	0.0	6:10	7:46	
21	Mon			12:03	6.6	5:57	-0.3	6:30	0.3	6:11	7:44	
22	Tue	12:27	5.8	12:57	6.4	6:45	0.0	7:26	0.6	6:12	7:43	
23	Wed	1:25	5.4	1:54	6.2	7:38	0.3	8:30	0.9	6:13	7:41	
24	Thu	2:25	5.2	2:52	6.0	8:39	0.7	9:40	1.0	6:14	7:40	
25	Fri	3:27	5.0	3:53	5.9	9:46	0.8	10:49	0.9	6:15	7:38	
26	Sat	4:30	4.9	4:54	5.8	10:50	0.8	11:49	0.8	6:16	7:37	
27	Sun	5:32	5.0	5:54	5.9	11:48	0.7			6:17	7:35	
28	Mon	6:31	5.2	6:48	6.0	12:42	0.5	12:41	0.6	6:18	7:34	
29	Tue	7:23	5.5	7:37	6.2	1:29	0.3	1:29	0.5	6:19	7:32	
30	Wed	8:09	5.7	8:20	6.2	2:12	0.2	2:15	0.4	6:20	7:30	
31	Thu	8:51	5.9	8:59	6.1	2:52	0.1	2:59	0.4	6:21	7:29	