



## Rockaway Beach (inside), NY - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:04	5.8	9:26	4.8	3:07	0.7	3:45	0.5	6:25	4:52	☀
2	Thu	9:37	5.6	10:05	4.6	3:40	0.9	4:25	0.7	6:26	4:50	☀
3	Fri	10:16	5.5	10:52	4.4	4:12	1.0	5:08	0.9	6:27	4:49	☀
4	Sat	11:06	5.4	11:51	4.4	4:48	1.1	5:58	1.0	6:29	4:48	☀
5	Sun			12:07	5.4	5:37	1.3	6:59	1.0	6:30	4:47	☀
6	Mon	12:55	4.4	1:12	5.4	6:48	1.3	8:05	0.8	6:31	4:46	☀
7	Tue	1:57	4.7	2:16	5.5	8:12	1.2	9:07	0.6	6:32	4:45	☀
8	Wed	2:57	5.1	3:19	5.6	9:26	0.8	10:03	0.2	6:33	4:44	☀
9	Thu	3:56	5.7	4:20	5.7	10:29	0.4	10:54	-0.2	6:35	4:43	☀
10	Fri	4:52	6.2	5:18	5.9	11:26	-0.1	11:44	-0.5	6:36	4:42	☀
11	Sat	5:46	6.7	6:13	6.0			12:20	-0.4	6:37	4:41	☀
12	Sun	6:37	7.0	7:05	6.1	12:33	-0.7	1:12	-0.6	6:38	4:40	☀
13	Mon	7:26	7.2	7:56	6.0	1:22	-0.7	2:04	-0.7	6:39	4:39	☀
14	Tue	8:14	7.1	8:46	5.9	2:11	-0.7	2:55	-0.6	6:40	4:38	☀
15	Wed	9:03	6.8	9:37	5.6	3:01	-0.5	3:45	-0.4	6:42	4:37	☀
16	Thu	9:53	6.4	10:31	5.3	3:50	-0.2	4:36	-0.1	6:43	4:37	☀
17	Fri	10:47	6.0	11:28	5.0	4:39	0.1	5:27	0.2	6:44	4:36	☀
18	Sat	11:43	5.6			5:30	0.5	6:21	0.5	6:45	4:35	☀
19	Sun	12:26	4.8	12:40	5.3	6:25	0.9	7:19	0.7	6:46	4:34	☀
20	Mon	1:24	4.8	1:35	5.1	7:26	1.1	8:17	0.7	6:47	4:34	☀
21	Tue	2:19	4.9	2:30	4.9	8:31	1.1	9:11	0.7	6:48	4:33	☀
22	Wed	3:11	5.0	3:23	4.8	9:31	1.0	10:00	0.6	6:50	4:32	☀
23	Thu	4:02	5.2	4:15	4.8	10:25	0.8	10:44	0.4	6:51	4:32	☀
24	Fri	4:49	5.5	5:05	4.8	11:13	0.6	11:26	0.3	6:52	4:31	☀
25	Sat	5:34	5.7	5:53	4.9	11:58	0.4			6:53	4:31	☀
26	Sun	6:17	5.8	6:36	5.0	12:07	0.3	12:41	0.2	6:54	4:30	☀
27	Mon	6:56	5.9	7:17	5.0	12:48	0.3	1:24	0.1	6:55	4:30	☀
28	Tue	7:33	5.9	7:56	4.9	1:28	0.3	2:06	0.1	6:56	4:30	☀
29	Wed	8:08	5.8	8:33	4.8	2:08	0.4	2:48	0.1	6:57	4:29	☀
30	Thu	8:44	5.8	9:10	4.7	2:46	0.5	3:30	0.2	6:58	4:29	☀