



## Rockaway Beach (inside), NY - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:20	5.7	9:51	4.6	3:23	0.6	4:11	0.2	6:59	4:29	☀
2	Sat	10:01	5.6	10:38	4.5	4:00	0.6	4:54	0.3	7:00	4:28	☾
3	Sun	10:50	5.5	11:33	4.6	4:41	0.7	5:39	0.4	7:01	4:28	☾
4	Mon	11:46	5.4			5:30	0.8	6:30	0.4	7:02	4:28	☾
5	Tue	12:31	4.7	12:47	5.3	6:33	0.9	7:27	0.4	7:03	4:28	☾
6	Wed	1:30	5.0	1:49	5.2	7:48	0.8	8:28	0.2	7:04	4:28	☾
7	Thu	2:28	5.4	2:51	5.2	9:02	0.6	9:28	0.0	7:05	4:28	☾
8	Fri	3:27	5.8	3:54	5.2	10:08	0.3	10:24	-0.2	7:06	4:28	☾
9	Sat	4:25	6.1	4:55	5.3	11:07	-0.1	11:18	-0.4	7:07	4:28	☾
10	Sun	5:22	6.4	5:54	5.4			12:03	-0.4	7:08	4:28	☾
11	Mon	6:16	6.6	6:49	5.6	12:10	-0.6	12:57	-0.6	7:08	4:28	☾
12	Tue	7:08	6.7	7:40	5.6	1:02	-0.7	1:49	-0.7	7:09	4:28	☾
13	Wed	7:58	6.7	8:30	5.6	1:53	-0.6	2:40	-0.7	7:10	4:28	☾
14	Thu	8:46	6.5	9:20	5.4	2:43	-0.5	3:29	-0.5	7:11	4:28	☾
15	Fri	9:34	6.2	10:10	5.2	3:31	-0.3	4:16	-0.4	7:11	4:29	☾
16	Sat	10:23	5.8	11:02	5.0	4:18	0.0	5:02	-0.1	7:12	4:29	☾
17	Sun	11:13	5.5	11:55	4.8	5:04	0.3	5:47	0.1	7:13	4:29	☾
18	Mon			12:03	5.1	5:53	0.6	6:34	0.4	7:13	4:30	☾
19	Tue	12:47	4.8	12:55	4.8	6:46	0.9	7:23	0.6	7:14	4:30	☾
20	Wed	1:37	4.8	1:46	4.5	7:45	1.0	8:15	0.7	7:14	4:31	☾
21	Thu	2:27	4.9	2:39	4.3	8:47	1.0	9:08	0.7	7:15	4:31	☾
22	Fri	3:16	5.0	3:32	4.3	9:46	0.9	10:00	0.6	7:15	4:32	☾
23	Sat	4:06	5.1	4:27	4.3	10:39	0.7	10:48	0.5	7:16	4:32	☾
24	Sun	4:56	5.2	5:20	4.4	11:28	0.4	11:35	0.4	7:16	4:33	☾
25	Mon	5:44	5.4	6:09	4.5			12:15	0.2	7:17	4:33	☾
26	Tue	6:28	5.5	6:54	4.7	12:20	0.3	1:01	0.0	7:17	4:34	☾
27	Wed	7:10	5.7	7:36	4.8	1:04	0.2	1:46	-0.1	7:17	4:35	☾
28	Thu	7:49	5.8	8:16	4.8	1:47	0.2	2:30	-0.2	7:18	4:35	☾
29	Fri	8:28	5.9	8:56	4.8	2:28	0.1	3:13	-0.3	7:18	4:36	☾
30	Sat	9:07	5.9	9:37	4.9	3:09	0.1	3:54	-0.3	7:18	4:37	☾
31	Sun	9:49	5.8	10:19	5.0	3:51	0.1	4:35	-0.3	7:18	4:38	☾