

































## Rockaway Beach (inside), NY - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:39	5.8	2:25	5.2	8:21	0.4	8:31	0.9	5:53	7:50	
2	Wed	2:37	5.5	3:22	5.2	9:22	0.5	9:36	1.0	5:52	7:51	
3	Thu	3:33	5.4	4:17	5.4	10:20	0.5	10:38	1.0	5:51	7:52	
4	Fri	4:29	5.2	5:10	5.6	11:10	0.4	11:33	0.8	5:50	7:53	
5	Sat	5:23	5.2	6:00	5.8	11:56	0.4			5:49	7:54	
6	Sun	6:15	5.2	6:46	6.0	12:22	0.6	12:38	0.3	5:47	7:55	
7	Mon	7:03	5.2	7:29	6.2	1:08	0.4	1:19	0.3	5:46	7:56	
8	Tue	7:48	5.2	8:09	6.2	1:52	0.3	1:59	0.4	5:45	7:57	
9	Wed	8:30	5.2	8:46	6.2	2:35	0.2	2:40	0.5	5:44	7:58	
10	Thu	9:09	5.1	9:22	6.0	3:17	0.2	3:19	0.6	5:43	7:59	
11	Fri	9:47	5.0	9:56	5.9	3:57	0.3	3:57	0.8	5:42	8:00	
12	Sat	10:24	4.9	10:30	5.7	4:37	0.4	4:33	0.9	5:41	8:01	
13	Sun	11:03	4.7	11:05	5.6	5:16	0.5	5:08	1.1	5:40	8:02	
14	Mon	11:46	4.6	11:47	5.5	5:56	0.6	5:43	1.2	5:39	8:03	
15	Tue			12:35	4.6	6:38	0.7	6:23	1.3	5:38	8:04	
16	Wed	12:37	5.5	1:29	4.7	7:26	0.8	7:16	1.4	5:37	8:05	
17	Thu	1:34	5.4	2:24	4.9	8:21	0.8	8:28	1.4	5:36	8:06	
18	Fri	2:34	5.4	3:20	5.3	9:21	0.7	9:44	1.2	5:35	8:07	
19	Sat	3:36	5.4	4:17	5.7	10:19	0.5	10:53	0.8	5:34	8:08	
20	Sun	4:38	5.4	5:14	6.1	11:15	0.2	11:54	0.4	5:33	8:09	
21	Mon	5:41	5.5	6:10	6.6			12:08	0.0	5:33	8:10	
22	Tue	6:42	5.6	7:05	6.9	12:52	0.0	1:00	-0.2	5:32	8:11	
23	Wed	7:39	5.7	7:59	7.1	1:48	-0.3	1:53	-0.3	5:31	8:12	
24	Thu	8:33	5.8	8:51	7.2	2:42	-0.5	2:47	-0.3	5:30	8:13	
25	Fri	9:26	5.9	9:42	7.1	3:36	-0.6	3:40	-0.3	5:30	8:14	
26	Sat	10:20	5.8	10:34	6.8	4:28	-0.5	4:32	-0.2	5:29	8:14	
27	Sun	11:14	5.7	11:27	6.5	5:19	-0.4	5:23	0.1	5:29	8:15	
28	Mon			12:10	5.5	6:10	-0.2	6:14	0.4	5:28	8:16	
29	Tue	12:21	6.2	1:06	5.5	7:00	0.0	7:07	0.7	5:27	8:17	
30	Wed	1:15	5.8	2:01	5.4	7:51	0.2	8:04	0.9	5:27	8:18	
31	Thu	2:08	5.5	2:53	5.5	8:44	0.4	9:03	1.1	5:26	8:18	