

































Rockaway Beach (inside), NY - Aug 1990

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 4:21 | 4.5 | 4:51 | 5.4 | 10:42 | 1.2 | 11:34 | 1.1 | 5:52 | 8:10 |  |
| 2 | Thu | 5:18 | 4.5 | 5:45 | 5.5 | 11:36 | 1.1 | | | 5:53 | 8:09 |  |
| 3 | Fri | 6:15 | 4.6 | 6:37 | 5.7 | 12:26 | 0.9 | 12:27 | 1.0 | 5:54 | 8:08 |  |
| 4 | Sat | 7:07 | 4.8 | 7:24 | 6.0 | 1:16 | 0.6 | 1:15 | 0.8 | 5:55 | 8:07 |  |
| 5 | Sun | 7:54 | 5.1 | 8:07 | 6.2 | 2:03 | 0.4 | 2:02 | 0.7 | 5:56 | 8:06 |  |
| 6 | Mon | 8:37 | 5.3 | 8:48 | 6.3 | 2:47 | 0.1 | 2:48 | 0.6 | 5:56 | 8:05 |  |
| 7 | Tue | 9:17 | 5.5 | 9:28 | 6.3 | 3:29 | 0.0 | 3:32 | 0.5 | 5:57 | 8:04 |  |
| 8 | Wed | 9:58 | 5.8 | 10:09 | 6.3 | 4:10 | -0.1 | 4:17 | 0.4 | 5:58 | 8:02 |  |
| 9 | Thu | 10:39 | 5.9 | 10:52 | 6.1 | 4:48 | -0.1 | 5:01 | 0.4 | 5:59 | 8:01 |  |
| 10 | Fri | 11:24 | 6.1 | 11:40 | 5.8 | 5:27 | -0.1 | 5:47 | 0.5 | 6:00 | 8:00 |  |
| 11 | Sat | | | 12:12 | 6.1 | 6:07 | 0.1 | 6:37 | 0.6 | 6:01 | 7:59 |  |
| 12 | Sun | 12:34 | 5.5 | 1:06 | 6.2 | 6:52 | 0.3 | 7:34 | 0.8 | 6:02 | 7:57 |  |
| 13 | Mon | 1:33 | 5.3 | 2:03 | 6.1 | 7:46 | 0.5 | 8:42 | 0.9 | 6:03 | 7:56 |  |
| 14 | Tue | 2:35 | 5.1 | 3:04 | 6.1 | 8:51 | 0.6 | 9:55 | 0.9 | 6:04 | 7:55 |  |
| 15 | Wed | 3:39 | 5.0 | 4:06 | 6.1 | 10:01 | 0.7 | 11:04 | 0.8 | 6:05 | 7:53 |  |
| 16 | Thu | 4:44 | 5.1 | 5:10 | 6.2 | 11:07 | 0.5 | | | 6:06 | 7:52 |  |
| 17 | Fri | 5:49 | 5.2 | 6:12 | 6.3 | 12:05 | 0.5 | 12:07 | 0.4 | 6:07 | 7:50 |  |
| 18 | Sat | 6:50 | 5.5 | 7:09 | 6.5 | 1:00 | 0.2 | 1:02 | 0.2 | 6:08 | 7:49 |  |
| 19 | Sun | 7:44 | 5.8 | 8:00 | 6.6 | 1:51 | -0.1 | 1:54 | 0.1 | 6:09 | 7:48 |  |
| 20 | Mon | 8:33 | 6.1 | 8:46 | 6.6 | 2:38 | -0.3 | 2:44 | 0.0 | 6:10 | 7:46 |  |
| 21 | Tue | 9:18 | 6.2 | 9:29 | 6.5 | 3:22 | -0.3 | 3:30 | 0.1 | 6:11 | 7:45 |  |
| 22 | Wed | 10:01 | 6.2 | 10:11 | 6.2 | 4:03 | -0.3 | 4:15 | 0.2 | 6:12 | 7:43 |  |
| 23 | Thu | 10:42 | 6.2 | 10:52 | 5.8 | 4:41 | -0.1 | 4:57 | 0.3 | 6:13 | 7:42 |  |
| 24 | Fri | 11:23 | 6.0 | 11:34 | 5.4 | 5:17 | 0.2 | 5:38 | 0.6 | 6:14 | 7:40 |  |
| 25 | Sat | | | 12:05 | 5.8 | 5:52 | 0.5 | 6:19 | 0.9 | 6:15 | 7:39 |  |
| 26 | Sun | 12:17 | 5.1 | 12:49 | 5.6 | 6:28 | 0.8 | 7:03 | 1.1 | 6:16 | 7:37 |  |
| 27 | Mon | 1:05 | 4.8 | 1:35 | 5.4 | 7:08 | 1.1 | 7:54 | 1.4 | 6:17 | 7:36 |  |
| 28 | Tue | 1:55 | 4.6 | 2:25 | 5.2 | 7:57 | 1.4 | 8:55 | 1.5 | 6:18 | 7:34 |  |
| 29 | Wed | 2:49 | 4.4 | 3:18 | 5.2 | 8:58 | 1.5 | 10:01 | 1.5 | 6:19 | 7:32 |  |
| 30 | Thu | 3:47 | 4.4 | 4:13 | 5.3 | 10:05 | 1.5 | 11:03 | 1.3 | 6:20 | 7:31 |  |
| 31 | Fri | 4:46 | 4.5 | 5:09 | 5.5 | 11:05 | 1.4 | 11:57 | 1.0 | 6:21 | 7:29 |  |