

































## Rockaway Beach (inside), NY - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:32	6.8	7:05	5.7	12:28	-0.6	1:13	-0.6	6:59	4:29	
2	Sun	7:24	7.0	7:56	5.8	1:19	-0.7	2:07	-0.8	7:00	4:28	
3	Mon	8:15	7.0	8:48	5.7	2:11	-0.7	2:59	-0.8	7:01	4:28	
4	Tue	9:06	6.8	9:41	5.6	3:03	-0.7	3:51	-0.7	7:02	4:28	
5	Wed	9:58	6.5	10:37	5.4	3:55	-0.5	4:41	-0.5	7:03	4:28	
6	Thu	10:52	6.1	11:34	5.3	4:46	-0.2	5:32	-0.3	7:04	4:28	
7	Fri	11:48	5.7			5:39	0.2	6:25	0.0	7:05	4:28	
8	Sat	12:32	5.2	12:44	5.4	6:36	0.5	7:20	0.2	7:06	4:28	
9	Sun	1:27	5.2	1:40	5.1	7:38	0.7	8:16	0.3	7:07	4:28	
10	Mon	2:21	5.2	2:34	4.8	8:41	0.8	9:10	0.4	7:07	4:28	
11	Tue	3:13	5.3	3:29	4.7	9:41	0.7	10:00	0.4	7:08	4:28	
12	Wed	4:03	5.4	4:23	4.6	10:34	0.5	10:47	0.3	7:09	4:28	
13	Thu	4:53	5.5	5:15	4.7	11:23	0.3	11:31	0.3	7:10	4:28	
14	Fri	5:40	5.6	6:04	4.8			12:08	0.2	7:11	4:28	
15	Sat	6:25	5.7	6:48	4.8	12:15	0.2	12:53	0.1	7:11	4:29	
16	Sun	7:07	5.7	7:30	4.9	12:57	0.2	1:36	0.0	7:12	4:29	
17	Mon	7:45	5.7	8:09	4.8	1:39	0.2	2:18	0.0	7:13	4:29	
18	Tue	8:22	5.7	8:47	4.7	2:19	0.3	2:59	0.0	7:13	4:30	
19	Wed	8:56	5.6	9:24	4.6	2:58	0.4	3:39	0.0	7:14	4:30	
20	Thu	9:30	5.5	10:02	4.6	3:34	0.5	4:17	0.1	7:14	4:30	
21	Fri	10:06	5.4	10:44	4.5	4:09	0.6	4:54	0.2	7:15	4:31	
22	Sat	10:48	5.2	11:30	4.6	4:46	0.7	5:32	0.3	7:15	4:31	
23	Sun	11:38	5.1			5:29	0.8	6:15	0.3	7:16	4:32	
24	Mon	12:22	4.8	12:36	4.9	6:25	0.8	7:06	0.4	7:16	4:33	
25	Tue	1:17	5.0	1:38	4.8	7:37	0.8	8:08	0.4	7:17	4:33	
26	Wed	2:14	5.3	2:42	4.7	8:54	0.6	9:13	0.2	7:17	4:34	
27	Thu	3:14	5.6	3:47	4.8	10:04	0.3	10:14	0.0	7:17	4:34	
28	Fri	4:15	5.9	4:52	4.9	11:06	0.0	11:13	-0.3	7:18	4:35	
29	Sat	5:17	6.2	5:53	5.2			12:04	-0.4	7:18	4:36	
30	Sun	6:15	6.5	6:50	5.4	12:09	-0.5	12:59	-0.6	7:18	4:37	
31	Mon	7:10	6.7	7:43	5.7	1:04	-0.8	1:53	-0.8	7:18	4:37	