






















Rockaway Beach (inside), NY - Aug 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:27	5.6	6:21	0.5	6:45	1.0	5:51	8:11	
2	Fri	12:44	5.2	1:18	5.8	7:01	0.6	7:42	1.1	5:52	8:10	
3	Sat	1:42	5.0	2:14	5.9	7:53	0.7	8:53	1.1	5:53	8:09	
4	Sun	2:44	4.9	3:14	6.0	9:00	0.7	10:08	1.0	5:54	8:07	
5	Mon	3:50	4.9	4:17	6.2	10:12	0.7	11:17	0.7	5:55	8:06	
6	Tue	4:56	5.0	5:22	6.4	11:18	0.4			5:56	8:05	
7	Wed	6:02	5.3	6:26	6.7	12:18	0.3	12:20	0.1	5:57	8:04	
8	Thu	7:04	5.7	7:24	6.9	1:15	0.0	1:17	-0.1	5:58	8:03	
9	Fri	8:00	6.0	8:17	7.0	2:08	-0.4	2:13	-0.3	5:59	8:01	
10	Sat	8:52	6.3	9:06	7.0	2:58	-0.6	3:06	-0.4	6:00	8:00	
11	Sun	9:41	6.5	9:54	6.8	3:45	-0.7	3:56	-0.3	6:01	7:59	
12	Mon	10:28	6.5	10:41	6.5	4:30	-0.7	4:45	-0.2	6:02	7:58	
13	Tue	11:16	6.5	11:28	6.1	5:13	-0.5	5:32	0.1	6:03	7:56	
14	Wed			12:03	6.3	5:54	-0.2	6:18	0.4	6:04	7:55	
15	Thu	12:17	5.7	12:51	6.0	6:36	0.2	7:06	0.7	6:05	7:54	
16	Fri	1:07	5.3	1:40	5.8	7:20	0.6	7:58	1.0	6:06	7:52	
17	Sat	1:59	4.9	2:31	5.6	8:09	1.0	8:57	1.3	6:07	7:51	
18	Sun	2:52	4.7	3:23	5.5	9:05	1.2	9:59	1.3	6:08	7:49	
19	Mon	3:47	4.6	4:17	5.4	10:06	1.3	10:59	1.2	6:09	7:48	
20	Tue	4:44	4.6	5:12	5.5	11:03	1.2	11:52	1.0	6:10	7:46	
21	Wed	5:41	4.7	6:05	5.6	11:56	1.1			6:11	7:45	
22	Thu	6:34	4.9	6:54	5.8	12:41	0.8	12:45	0.9	6:12	7:44	
23	Fri	7:23	5.2	7:38	5.9	1:26	0.5	1:31	0.8	6:13	7:42	
24	Sat	8:06	5.4	8:18	6.0	2:09	0.3	2:15	0.7	6:14	7:41	
25	Sun	8:44	5.6	8:55	6.1	2:50	0.1	2:58	0.6	6:15	7:39	
26	Mon	9:20	5.8	9:31	6.0	3:29	0.1	3:40	0.6	6:16	7:37	
27	Tue	9:55	5.9	10:08	5.9	4:05	0.1	4:20	0.6	6:17	7:36	
28	Wed	10:31	6.0	10:47	5.7	4:41	0.2	5:00	0.6	6:18	7:34	
29	Thu	11:11	6.0	11:32	5.4	5:16	0.3	5:42	0.7	6:19	7:33	
30	Fri	11:57	6.0			5:53	0.5	6:29	0.8	6:20	7:31	
31	Sat	12:25	5.2	12:52	6.0	6:37	0.6	7:27	1.0	6:21	7:30	