

































Rockaway Beach (inside), NY - Jul 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:20	5.3	6:49	6.5	12:33	0.2	12:41	0.2	5:28	8:29	
2	Fri	7:17	5.4	7:41	6.5	1:26	0.0	1:33	0.2	5:28	8:29	
3	Sat	8:09	5.5	8:29	6.5	2:17	-0.1	2:22	0.2	5:29	8:29	
4	Sun	8:57	5.5	9:15	6.4	3:05	-0.1	3:10	0.3	5:29	8:29	
5	Mon	9:43	5.5	9:58	6.3	3:50	-0.1	3:55	0.4	5:30	8:29	
6	Tue	10:27	5.5	10:40	6.0	4:33	-0.1	4:38	0.6	5:31	8:28	
7	Wed	11:11	5.4	11:22	5.7	5:12	0.0	5:20	0.7	5:31	8:28	
8	Thu	11:55	5.3			5:50	0.2	6:01	1.0	5:32	8:28	
9	Fri	12:04	5.4	12:39	5.3	6:28	0.4	6:43	1.2	5:33	8:27	
10	Sat	12:48	5.1	1:23	5.3	7:07	0.6	7:30	1.3	5:33	8:27	
11	Sun	1:34	4.9	2:07	5.3	7:49	0.8	8:23	1.4	5:34	8:27	
12	Mon	2:22	4.7	2:53	5.3	8:38	0.9	9:24	1.4	5:35	8:26	
13	Tue	3:13	4.6	3:40	5.4	9:33	1.0	10:25	1.3	5:35	8:26	
14	Wed	4:08	4.6	4:31	5.6	10:30	0.9	11:24	1.1	5:36	8:25	
15	Thu	5:06	4.7	5:25	5.8	11:25	0.8			5:37	8:25	
16	Fri	6:04	4.8	6:20	6.1	12:18	0.7	12:18	0.6	5:38	8:24	
17	Sat	6:59	5.1	7:12	6.4	1:11	0.4	1:09	0.4	5:39	8:23	
18	Sun	7:51	5.3	8:02	6.7	2:01	0.1	2:01	0.2	5:39	8:23	
19	Mon	8:40	5.6	8:50	6.9	2:51	-0.2	2:52	0.0	5:40	8:22	
20	Tue	9:27	5.9	9:38	6.9	3:38	-0.4	3:42	-0.2	5:41	8:21	
21	Wed	10:16	6.1	10:26	6.8	4:24	-0.5	4:33	-0.2	5:42	8:20	
22	Thu	11:06	6.3	11:16	6.5	5:09	-0.6	5:23	-0.1	5:43	8:20	
23	Fri	11:58	6.3			5:54	-0.5	6:14	0.0	5:44	8:19	
24	Sat	12:10	6.2	12:52	6.4	6:41	-0.3	7:09	0.3	5:45	8:18	
25	Sun	1:05	5.9	1:46	6.3	7:32	-0.1	8:08	0.5	5:45	8:17	
26	Mon	2:03	5.6	2:42	6.3	8:28	0.2	9:13	0.7	5:46	8:16	
27	Tue	3:01	5.3	3:38	6.2	9:29	0.4	10:18	0.7	5:47	8:15	
28	Wed	4:01	5.2	4:36	6.1	10:30	0.5	11:19	0.6	5:48	8:14	
29	Thu	5:01	5.1	5:33	6.1	11:28	0.5			5:49	8:13	
30	Fri	6:01	5.2	6:30	6.2	12:15	0.4	12:22	0.4	5:50	8:12	
31	Sat	6:58	5.3	7:21	6.3	1:07	0.3	1:13	0.4	5:51	8:11	