

































Rockaway Beach (inside), NY - Aug 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:49	5.5	8:09	6.3	1:55	0.1	2:01	0.4	5:52	8:10	
2	Mon	8:35	5.6	8:52	6.3	2:40	0.0	2:47	0.4	5:53	8:09	
3	Tue	9:18	5.7	9:32	6.2	3:23	0.0	3:30	0.4	5:54	8:08	
4	Wed	9:58	5.7	10:11	5.9	4:02	0.0	4:12	0.6	5:55	8:07	
5	Thu	10:38	5.6	10:49	5.7	4:40	0.1	4:52	0.7	5:56	8:06	
6	Fri	11:16	5.5	11:27	5.4	5:15	0.2	5:30	0.9	5:57	8:04	
7	Sat	11:55	5.4			5:50	0.4	6:09	1.1	5:58	8:03	
8	Sun	12:07	5.1	12:35	5.4	6:25	0.7	6:49	1.3	5:59	8:02	
9	Mon	12:51	4.9	1:17	5.3	7:02	0.9	7:37	1.4	6:00	8:01	
10	Tue	1:40	4.7	2:04	5.3	7:46	1.1	8:37	1.5	6:01	8:00	
11	Wed	2:34	4.6	2:56	5.4	8:44	1.2	9:46	1.4	6:02	7:58	
12	Thu	3:31	4.6	3:52	5.6	9:49	1.2	10:52	1.2	6:03	7:57	
13	Fri	4:32	4.7	4:51	5.9	10:52	1.0	11:50	0.8	6:04	7:56	
14	Sat	5:33	4.9	5:51	6.2	11:51	0.7			6:05	7:54	
15	Sun	6:31	5.3	6:47	6.5	12:44	0.4	12:45	0.3	6:06	7:53	
16	Mon	7:26	5.7	7:40	6.8	1:35	0.0	1:39	0.0	6:07	7:51	
17	Tue	8:16	6.2	8:30	7.0	2:24	-0.4	2:32	-0.3	6:07	7:50	
18	Wed	9:05	6.5	9:19	7.0	3:11	-0.6	3:24	-0.4	6:08	7:49	
19	Thu	9:53	6.8	10:07	6.8	3:58	-0.7	4:15	-0.5	6:09	7:47	
20	Fri	10:42	6.8	10:57	6.6	4:43	-0.7	5:05	-0.4	6:10	7:46	
21	Sat	11:33	6.8	11:50	6.2	5:29	-0.6	5:56	-0.1	6:11	7:44	
22	Sun			12:27	6.6	6:16	-0.3	6:49	0.2	6:12	7:43	
23	Mon	12:46	5.8	1:22	6.4	7:07	0.1	7:47	0.5	6:13	7:41	
24	Tue	1:44	5.5	2:19	6.2	8:03	0.4	8:51	0.8	6:14	7:40	
25	Wed	2:43	5.2	3:17	6.0	9:06	0.7	9:57	0.8	6:15	7:38	
26	Thu	3:43	5.1	4:15	5.9	10:10	0.8	11:00	0.8	6:16	7:37	
27	Fri	4:43	5.1	5:13	5.9	11:10	0.8	11:55	0.6	6:17	7:35	
28	Sat	5:42	5.2	6:08	6.0			12:03	0.7	6:18	7:34	
29	Sun	6:36	5.4	6:59	6.1	12:44	0.4	12:52	0.6	6:19	7:32	
30	Mon	7:25	5.6	7:45	6.1	1:29	0.2	1:39	0.5	6:20	7:30	
31	Tue	8:09	5.8	8:26	6.1	2:11	0.1	2:23	0.4	6:21	7:29	