
































Rockaway Beach (inside), NY - Nov 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:32	6.0	9:01	5.2	2:40	0.3	3:14	0.3	6:25	4:52	
2	Tue	9:06	5.9	9:39	5.0	3:16	0.5	3:54	0.5	6:26	4:50	
3	Wed	9:42	5.9	10:22	4.8	3:52	0.6	4:35	0.6	6:27	4:49	
4	Thu	10:26	5.7	11:14	4.7	4:30	0.8	5:19	0.7	6:29	4:48	
5	Fri	11:20	5.6			5:14	0.9	6:11	0.8	6:30	4:47	
6	Sat	12:14	4.7	12:23	5.6	6:11	1.0	7:13	0.8	6:31	4:46	
7	Sun	1:16	4.9	1:27	5.5	7:23	1.0	8:19	0.6	6:32	4:45	
8	Mon	2:17	5.2	2:31	5.6	8:38	0.8	9:22	0.3	6:33	4:44	
9	Tue	3:16	5.6	3:34	5.7	9:46	0.4	10:18	0.0	6:35	4:43	
10	Wed	4:15	6.1	4:35	5.8	10:46	0.0	11:11	-0.4	6:36	4:42	
11	Thu	5:12	6.5	5:33	6.0	11:42	-0.4			6:37	4:41	
12	Fri	6:05	6.9	6:28	6.1	12:01	-0.6	12:36	-0.7	6:38	4:40	
13	Sat	6:56	7.1	7:20	6.2	12:51	-0.8	1:28	-0.8	6:39	4:39	
14	Sun	7:45	7.1	8:09	6.1	1:41	-0.8	2:18	-0.8	6:40	4:38	
15	Mon	8:33	7.0	8:58	5.9	2:30	-0.6	3:08	-0.7	6:42	4:37	
16	Tue	9:21	6.7	9:48	5.6	3:18	-0.4	3:56	-0.5	6:43	4:37	
17	Wed	10:10	6.3	10:40	5.3	4:05	-0.1	4:44	-0.2	6:44	4:36	
18	Thu	11:02	5.9	11:34	5.1	4:52	0.3	5:33	0.2	6:45	4:35	
19	Fri	11:55	5.5			5:41	0.6	6:23	0.4	6:46	4:34	
20	Sat	12:30	4.9	12:50	5.2	6:35	0.9	7:16	0.6	6:47	4:34	
21	Sun	1:24	4.8	1:43	5.0	7:35	1.1	8:12	0.7	6:48	4:33	
22	Mon	2:17	4.9	2:36	4.8	8:37	1.2	9:06	0.7	6:50	4:32	
23	Tue	3:08	5.0	3:29	4.8	9:37	1.0	9:56	0.5	6:51	4:32	
24	Wed	3:58	5.2	4:22	4.8	10:30	0.8	10:43	0.4	6:52	4:31	
25	Thu	4:47	5.4	5:12	4.9	11:18	0.6	11:28	0.2	6:53	4:31	
26	Fri	5:33	5.6	6:00	5.0			12:03	0.3	6:54	4:30	
27	Sat	6:16	5.8	6:44	5.1	12:11	0.1	12:47	0.2	6:55	4:30	
28	Sun	6:56	5.9	7:25	5.1	12:53	0.1	1:31	0.0	6:56	4:30	
29	Mon	7:33	6.0	8:04	5.1	1:35	0.1	2:14	0.0	6:57	4:29	
30	Tue	8:10	6.0	8:43	5.1	2:16	0.1	2:57	0.0	6:58	4:29	