

































Rockaway Beach (inside), NY - May 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:05	5.5	7:34	6.3	1:15	0.2	1:33	0.1	5:53	7:51	
2	Thu	7:54	5.7	8:18	6.6	2:04	-0.1	2:18	0.0	5:52	7:52	
3	Fri	8:41	5.8	9:02	6.8	2:52	-0.3	3:04	-0.1	5:50	7:53	
4	Sat	9:27	5.9	9:47	6.9	3:41	-0.5	3:50	-0.2	5:49	7:54	
5	Sun	10:15	5.9	10:35	6.8	4:29	-0.5	4:36	-0.1	5:48	7:55	
6	Mon	11:06	5.8	11:27	6.7	5:17	-0.5	5:25	0.0	5:47	7:56	
7	Tue			12:01	5.7	6:07	-0.3	6:16	0.2	5:46	7:57	
8	Wed	12:22	6.4	1:00	5.6	7:00	-0.2	7:13	0.4	5:44	7:58	
9	Thu	1:21	6.2	1:59	5.6	7:57	0.0	8:16	0.6	5:43	7:59	
10	Fri	2:20	6.0	2:58	5.7	8:58	0.1	9:23	0.7	5:42	8:00	
11	Sat	3:19	5.8	3:56	5.8	9:59	0.1	10:29	0.6	5:41	8:01	
12	Sun	4:18	5.7	4:53	6.0	10:56	0.0	11:28	0.4	5:40	8:02	
13	Mon	5:17	5.7	5:48	6.2	11:48	-0.1			5:39	8:03	
14	Tue	6:13	5.7	6:40	6.4	12:22	0.2	12:37	-0.2	5:38	8:04	
15	Wed	7:07	5.7	7:29	6.5	1:13	0.0	1:24	-0.2	5:37	8:05	
16	Thu	7:56	5.7	8:13	6.6	2:01	-0.1	2:09	-0.1	5:36	8:06	
17	Fri	8:42	5.7	8:55	6.5	2:47	-0.1	2:52	0.0	5:36	8:07	
18	Sat	9:26	5.6	9:36	6.4	3:31	-0.1	3:35	0.2	5:35	8:08	
19	Sun	10:09	5.4	10:15	6.1	4:13	0.0	4:16	0.4	5:34	8:09	
20	Mon	10:52	5.2	10:54	5.9	4:54	0.2	4:56	0.6	5:33	8:10	
21	Tue	11:36	5.0	11:35	5.6	5:34	0.4	5:36	0.8	5:32	8:10	
22	Wed			12:22	4.9	6:14	0.6	6:16	1.1	5:32	8:11	
23	Thu	12:17	5.4	1:10	4.8	6:55	0.7	7:01	1.3	5:31	8:12	
24	Fri	1:02	5.2	1:58	4.8	7:41	0.9	7:52	1.4	5:30	8:13	
25	Sat	1:51	5.1	2:46	4.9	8:33	0.9	8:53	1.4	5:29	8:14	
26	Sun	2:43	5.0	3:36	5.1	9:29	0.9	9:57	1.3	5:29	8:15	
27	Mon	3:38	5.0	4:26	5.4	10:25	0.8	10:57	1.0	5:28	8:16	
28	Tue	4:35	5.1	5:18	5.7	11:17	0.6	11:52	0.6	5:28	8:16	
29	Wed	5:34	5.2	6:10	6.1			12:08	0.4	5:27	8:17	
30	Thu	6:31	5.4	7:01	6.5	12:46	0.2	12:57	0.2	5:27	8:18	
31	Fri	7:26	5.6	7:51	6.8	1:38	-0.1	1:47	0.0	5:26	8:19	