
































Rockaway Beach (inside), NY - Jun 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:18	5.8	8:40	7.1	2:30	-0.4	2:38	-0.2	5:26	8:19	
2	Sun	9:09	5.9	9:30	7.1	3:22	-0.6	3:29	-0.3	5:25	8:20	
3	Mon	10:00	6.0	10:20	7.1	4:13	-0.7	4:20	-0.3	5:25	8:21	
4	Tue	10:53	6.0	11:13	6.9	5:03	-0.7	5:12	-0.2	5:25	8:22	
5	Wed	11:49	6.0			5:53	-0.6	6:04	0.0	5:24	8:22	
6	Thu	12:08	6.6	12:46	5.9	6:44	-0.5	6:59	0.3	5:24	8:23	
7	Fri	1:05	6.3	1:43	5.9	7:37	-0.3	7:59	0.5	5:24	8:23	
8	Sat	2:02	6.0	2:39	6.0	8:33	-0.1	9:02	0.6	5:24	8:24	
9	Sun	2:58	5.8	3:33	6.0	9:30	0.0	10:05	0.7	5:24	8:25	
10	Mon	3:54	5.6	4:27	6.1	10:26	0.1	11:04	0.6	5:23	8:25	
11	Tue	4:50	5.4	5:20	6.1	11:18	0.1	11:59	0.4	5:23	8:26	
12	Wed	5:46	5.4	6:12	6.2			12:07	0.1	5:23	8:26	
13	Thu	6:40	5.4	7:01	6.3	12:49	0.3	12:54	0.2	5:23	8:27	
14	Fri	7:31	5.4	7:47	6.3	1:37	0.2	1:40	0.2	5:23	8:27	
15	Sat	8:18	5.4	8:30	6.3	2:23	0.2	2:24	0.3	5:23	8:27	
16	Sun	9:02	5.4	9:11	6.2	3:07	0.1	3:08	0.4	5:23	8:28	
17	Mon	9:45	5.3	9:49	6.0	3:50	0.2	3:50	0.5	5:23	8:28	
18	Tue	10:27	5.2	10:27	5.8	4:31	0.2	4:31	0.7	5:24	8:28	
19	Wed	11:08	5.1	11:04	5.6	5:10	0.3	5:11	0.9	5:24	8:29	
20	Thu	11:51	5.0	11:42	5.5	5:47	0.5	5:50	1.0	5:24	8:29	
21	Fri			12:35	4.9	6:25	0.6	6:30	1.2	5:24	8:29	
22	Sat	12:23	5.3	1:19	5.0	7:04	0.7	7:16	1.3	5:24	8:29	
23	Sun	1:10	5.2	2:05	5.1	7:47	0.8	8:11	1.3	5:25	8:29	
24	Mon	2:02	5.1	2:53	5.3	8:38	0.8	9:15	1.2	5:25	8:30	
25	Tue	2:58	5.1	3:44	5.6	9:36	0.8	10:20	1.0	5:25	8:30	
26	Wed	3:57	5.1	4:39	5.9	10:35	0.6	11:21	0.6	5:26	8:30	
27	Thu	4:59	5.2	5:35	6.3	11:32	0.4			5:26	8:30	
28	Fri	6:01	5.3	6:32	6.6	12:19	0.3	12:27	0.2	5:27	8:30	
29	Sat	7:01	5.6	7:28	6.9	1:14	-0.1	1:22	-0.1	5:27	8:30	
30	Sun	7:57	5.8	8:21	7.2	2:09	-0.4	2:16	-0.3	5:27	8:30	