
































## Rockaway Beach (inside), NY - Sep 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:28	6.6	11:52	6.1	5:25	-0.5	5:52	0.1	6:22	7:27	
2	Mon			12:17	6.3	6:10	-0.1	6:41	0.5	6:23	7:25	
3	Tue	12:44	5.7	1:08	6.0	6:55	0.3	7:33	0.8	6:24	7:24	
4	Wed	1:37	5.3	2:00	5.7	7:45	0.7	8:30	1.1	6:25	7:22	
5	Thu	2:31	5.1	2:53	5.6	8:40	1.0	9:32	1.2	6:26	7:20	
6	Fri	3:26	4.9	3:46	5.5	9:39	1.1	10:32	1.2	6:27	7:19	
7	Sat	4:22	4.9	4:40	5.5	10:37	1.1	11:26	1.0	6:28	7:17	
8	Sun	5:17	5.0	5:34	5.6	11:31	0.9			6:29	7:15	
9	Mon	6:10	5.2	6:24	5.7	12:14	0.8	12:20	0.8	6:30	7:14	
10	Tue	6:59	5.5	7:10	5.9	12:59	0.5	1:07	0.6	6:31	7:12	
11	Wed	7:43	5.7	7:52	6.0	1:42	0.3	1:52	0.5	6:32	7:10	
12	Thu	8:23	5.8	8:30	6.0	2:23	0.2	2:35	0.4	6:33	7:09	
13	Fri	9:00	6.0	9:07	6.0	3:03	0.1	3:17	0.4	6:34	7:07	
14	Sat	9:35	6.0	9:43	5.9	3:41	0.2	3:58	0.4	6:35	7:05	
15	Sun	10:11	6.0	10:20	5.8	4:18	0.3	4:38	0.4	6:36	7:04	
16	Mon	10:48	6.0	11:01	5.6	4:53	0.4	5:19	0.5	6:37	7:02	
17	Tue	11:30	6.0	11:49	5.4	5:29	0.5	6:02	0.6	6:38	7:00	
18	Wed			12:21	6.0	6:08	0.7	6:53	0.8	6:39	6:59	
19	Thu	12:46	5.2	1:19	5.9	6:57	0.8	7:55	0.9	6:40	6:57	
20	Fri	1:49	5.1	2:22	6.0	8:03	0.9	9:06	0.9	6:41	6:55	
21	Sat	2:54	5.2	3:26	6.1	9:19	0.9	10:16	0.6	6:42	6:54	
22	Sun	3:59	5.4	4:29	6.2	10:30	0.6	11:17	0.3	6:43	6:52	
23	Mon	5:03	5.7	5:32	6.4	11:33	0.3			6:44	6:50	
24	Tue	6:04	6.1	6:30	6.7	12:13	-0.1	12:31	0.0	6:45	6:48	
25	Wed	7:00	6.5	7:25	6.9	1:05	-0.5	1:24	-0.3	6:46	6:47	
26	Thu	7:52	6.8	8:15	6.9	1:54	-0.7	2:16	-0.5	6:47	6:45	
27	Fri	8:40	7.0	9:03	6.8	2:41	-0.8	3:06	-0.5	6:48	6:43	
28	Sat	9:25	7.0	9:49	6.6	3:27	-0.8	3:54	-0.4	6:49	6:42	
29	Sun	10:10	6.8	10:35	6.2	4:11	-0.5	4:40	-0.2	6:50	6:40	
30	Mon	10:55	6.6	11:23	5.8	4:54	-0.2	5:25	0.1	6:51	6:38	