
































Rockaway Beach (inside), NY - Nov 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:42	5.3			5:31	0.9	6:14	1.0	6:25	4:51	
2	Sat	12:25	4.7	12:34	5.1	6:20	1.2	7:08	1.1	6:27	4:50	
3	Sun	1:19	4.6	1:27	4.9	7:18	1.3	8:08	1.1	6:28	4:49	
4	Mon	2:13	4.7	2:21	4.9	8:21	1.4	9:06	1.0	6:29	4:48	
5	Tue	3:06	4.8	3:14	5.0	9:23	1.2	9:59	0.8	6:30	4:47	
6	Wed	3:57	5.1	4:07	5.1	10:18	0.9	10:47	0.5	6:31	4:46	
7	Thu	4:46	5.4	4:59	5.3	11:08	0.6	11:31	0.3	6:33	4:45	
8	Fri	5:33	5.7	5:47	5.5	11:56	0.3			6:34	4:43	
9	Sat	6:16	6.1	6:33	5.6	12:15	0.1	12:42	0.0	6:35	4:42	
10	Sun	6:58	6.3	7:17	5.7	12:57	-0.1	1:28	-0.2	6:36	4:42	
11	Mon	7:40	6.6	8:01	5.8	1:40	-0.2	2:15	-0.4	6:37	4:41	
12	Tue	8:22	6.6	8:45	5.7	2:24	-0.2	3:01	-0.4	6:38	4:40	
13	Wed	9:06	6.6	9:32	5.6	3:08	-0.2	3:48	-0.4	6:40	4:39	
14	Thu	9:55	6.5	10:25	5.5	3:54	-0.1	4:37	-0.2	6:41	4:38	
15	Fri	10:49	6.3	11:23	5.3	4:43	0.1	5:29	-0.1	6:42	4:37	
16	Sat	11:48	6.0			5:38	0.3	6:25	0.1	6:43	4:36	
17	Sun	12:25	5.3	12:49	5.8	6:40	0.5	7:27	0.1	6:44	4:36	
18	Mon	1:26	5.4	1:51	5.7	7:49	0.6	8:31	0.1	6:45	4:35	
19	Tue	2:27	5.5	2:51	5.6	8:58	0.5	9:31	-0.1	6:47	4:34	
20	Wed	3:26	5.8	3:51	5.6	10:01	0.3	10:25	-0.3	6:48	4:33	
21	Thu	4:23	6.0	4:48	5.7	10:58	0.0	11:16	-0.5	6:49	4:33	
22	Fri	5:16	6.3	5:43	5.8	11:49	-0.2			6:50	4:32	
23	Sat	6:07	6.4	6:33	5.8	12:03	-0.5	12:38	-0.4	6:51	4:32	
24	Sun	6:53	6.5	7:20	5.8	12:49	-0.5	1:25	-0.4	6:52	4:31	
25	Mon	7:36	6.5	8:04	5.7	1:33	-0.5	2:10	-0.4	6:53	4:31	
26	Tue	8:18	6.4	8:47	5.5	2:16	-0.3	2:53	-0.3	6:54	4:30	
27	Wed	8:58	6.1	9:30	5.3	2:58	-0.1	3:35	-0.1	6:55	4:30	
28	Thu	9:39	5.8	10:13	5.0	3:38	0.1	4:15	0.1	6:56	4:29	
29	Fri	10:20	5.5	10:59	4.8	4:18	0.4	4:56	0.4	6:58	4:29	
30	Sat	11:03	5.2	11:48	4.6	4:59	0.7	5:38	0.6	6:59	4:29	