

































## Rockaway Beach (inside), NY - Dec 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:49	4.9			5:42	0.9	6:24	0.8	7:00	4:29	
2	Mon	12:39	4.5	12:39	4.8	6:33	1.1	7:16	0.9	7:01	4:28	
3	Tue	1:30	4.5	1:32	4.7	7:33	1.2	8:14	0.9	7:02	4:28	
4	Wed	2:21	4.7	2:26	4.6	8:38	1.2	9:11	0.7	7:02	4:28	
5	Thu	3:11	4.9	3:22	4.7	9:39	0.9	10:04	0.5	7:03	4:28	
6	Fri	4:03	5.2	4:18	4.9	10:35	0.6	10:53	0.3	7:04	4:28	
7	Sat	4:53	5.6	5:13	5.1	11:26	0.2	11:41	0.0	7:05	4:28	
8	Sun	5:43	5.9	6:05	5.3			12:17	-0.2	7:06	4:28	
9	Mon	6:31	6.3	6:55	5.5	12:28	-0.2	1:06	-0.5	7:07	4:28	
10	Tue	7:18	6.6	7:43	5.7	1:16	-0.4	1:56	-0.7	7:08	4:28	
11	Wed	8:04	6.7	8:30	5.7	2:04	-0.6	2:45	-0.9	7:09	4:28	
12	Thu	8:52	6.7	9:20	5.7	2:52	-0.6	3:34	-0.9	7:09	4:28	
13	Fri	9:42	6.6	10:12	5.7	3:42	-0.6	4:22	-0.8	7:10	4:28	
14	Sat	10:35	6.3	11:09	5.6	4:32	-0.4	5:12	-0.7	7:11	4:29	
15	Sun	11:32	6.0			5:25	-0.2	6:05	-0.5	7:12	4:29	
16	Mon	12:07	5.5	12:30	5.7	6:24	0.1	7:01	-0.3	7:12	4:29	
17	Tue	1:06	5.5	1:29	5.5	7:28	0.3	8:01	-0.2	7:13	4:29	
18	Wed	2:04	5.5	2:28	5.3	8:35	0.3	9:01	-0.2	7:13	4:30	
19	Thu	3:01	5.6	3:26	5.2	9:39	0.3	9:58	-0.2	7:14	4:30	
20	Fri	3:57	5.7	4:24	5.2	10:37	0.1	10:50	-0.3	7:15	4:31	
21	Sat	4:51	5.8	5:20	5.2	11:29	-0.1	11:38	-0.3	7:15	4:31	
22	Sun	5:43	6.0	6:12	5.3			12:18	-0.3	7:16	4:32	
23	Mon	6:31	6.0	6:59	5.3	12:25	-0.4	1:04	-0.3	7:16	4:32	
24	Tue	7:15	6.1	7:44	5.3	1:09	-0.4	1:49	-0.4	7:16	4:33	
25	Wed	7:56	6.0	8:25	5.3	1:52	-0.3	2:31	-0.3	7:17	4:33	
26	Thu	8:35	5.9	9:06	5.1	2:34	-0.2	3:12	-0.2	7:17	4:34	
27	Fri	9:13	5.7	9:47	5.0	3:14	0.0	3:50	-0.1	7:17	4:35	
28	Sat	9:50	5.4	10:27	4.8	3:53	0.2	4:28	0.1	7:18	4:36	
29	Sun	10:27	5.1	11:10	4.6	4:31	0.4	5:04	0.2	7:18	4:36	
30	Mon	11:07	4.9	11:54	4.6	5:10	0.6	5:42	0.4	7:18	4:37	
31	Tue	11:51	4.7			5:52	0.8	6:23	0.6	7:18	4:38	