
































Rockaway Beach (inside), NY - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:13	5.7	5:44	6.4	11:44	-0.2			5:26	8:19	
2	Mon	6:11	5.7	6:38	6.6	12:22	0.1	12:35	-0.3	5:26	8:20	
3	Tue	7:07	5.8	7:29	6.7	1:15	-0.1	1:24	-0.3	5:25	8:21	
4	Wed	7:59	5.8	8:17	6.8	2:06	-0.2	2:13	-0.2	5:25	8:21	
5	Thu	8:48	5.8	9:02	6.7	2:55	-0.3	2:59	-0.1	5:25	8:22	
6	Fri	9:35	5.7	9:46	6.5	3:42	-0.2	3:45	0.1	5:24	8:23	
7	Sat	10:21	5.5	10:29	6.2	4:26	-0.1	4:29	0.3	5:24	8:23	
8	Sun	11:07	5.4	11:12	5.9	5:09	0.1	5:11	0.6	5:24	8:24	
9	Mon	11:54	5.2	11:56	5.6	5:50	0.3	5:53	0.8	5:24	8:24	
10	Tue			12:42	5.1	6:31	0.5	6:37	1.0	5:23	8:25	
11	Wed	12:41	5.4	1:30	5.0	7:14	0.7	7:24	1.3	5:23	8:26	
12	Thu	1:28	5.1	2:18	5.0	8:00	0.8	8:18	1.4	5:23	8:26	
13	Fri	2:17	5.0	3:05	5.1	8:50	0.9	9:17	1.4	5:23	8:26	
14	Sat	3:06	4.9	3:53	5.3	9:44	0.9	10:17	1.3	5:23	8:27	
15	Sun	3:58	4.9	4:41	5.5	10:37	0.8	11:13	1.0	5:23	8:27	
16	Mon	4:53	4.9	5:31	5.7	11:27	0.7			5:23	8:28	
17	Tue	5:49	5.0	6:21	6.0	12:06	0.7	12:16	0.5	5:23	8:28	
18	Wed	6:43	5.2	7:09	6.3	12:57	0.4	1:04	0.4	5:24	8:28	
19	Thu	7:35	5.3	7:57	6.6	1:47	0.1	1:53	0.2	5:24	8:29	
20	Fri	8:24	5.5	8:43	6.8	2:37	-0.2	2:42	0.1	5:24	8:29	
21	Sat	9:12	5.7	9:30	6.9	3:27	-0.4	3:31	0.0	5:24	8:29	
22	Sun	10:01	5.8	10:19	6.9	4:15	-0.5	4:21	0.0	5:24	8:29	
23	Mon	10:52	5.8	11:10	6.7	5:03	-0.5	5:11	0.0	5:25	8:29	
24	Tue	11:46	5.9			5:51	-0.5	6:02	0.1	5:25	8:30	
25	Wed	12:04	6.5	12:42	5.9	6:40	-0.4	6:56	0.3	5:25	8:30	
26	Thu	1:00	6.2	1:38	6.0	7:32	-0.3	7:56	0.5	5:26	8:30	
27	Fri	1:57	6.0	2:34	6.1	8:27	-0.1	9:00	0.6	5:26	8:30	
28	Sat	2:54	5.8	3:29	6.2	9:25	0.0	10:05	0.6	5:26	8:30	
29	Sun	3:52	5.6	4:25	6.2	10:23	0.0	11:06	0.5	5:27	8:30	
30	Mon	4:50	5.5	5:20	6.3	11:18	0.0			5:27	8:30	