

































Rockaway Beach (inside), NY - Aug 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:16	5.4	7:32	6.2	1:23	0.3	1:24	0.3	5:52	8:10	
2	Sat	8:04	5.5	8:16	6.2	2:09	0.2	2:11	0.3	5:53	8:09	
3	Sun	8:48	5.6	8:58	6.2	2:53	0.1	2:55	0.4	5:54	8:08	
4	Mon	9:30	5.6	9:37	6.1	3:34	0.1	3:38	0.4	5:55	8:07	
5	Tue	10:11	5.6	10:14	5.9	4:13	0.2	4:19	0.6	5:56	8:06	
6	Wed	10:50	5.5	10:50	5.6	4:50	0.3	4:58	0.7	5:57	8:04	
7	Thu	11:29	5.4	11:26	5.4	5:26	0.4	5:37	0.9	5:58	8:03	
8	Fri			12:08	5.3	6:00	0.6	6:16	1.1	5:59	8:02	
9	Sat	12:05	5.2	12:49	5.3	6:34	0.8	6:58	1.2	6:00	8:01	
10	Sun	12:50	5.0	1:34	5.3	7:12	0.9	7:49	1.3	6:01	7:59	
11	Mon	1:42	4.9	2:22	5.4	7:59	1.0	8:53	1.3	6:02	7:58	
12	Tue	2:39	4.8	3:16	5.6	9:01	1.1	10:01	1.1	6:03	7:57	
13	Wed	3:39	4.9	4:13	5.8	10:09	1.0	11:04	0.8	6:04	7:56	
14	Thu	4:42	5.0	5:13	6.1	11:12	0.7			6:05	7:54	
15	Fri	5:45	5.3	6:13	6.5	12:03	0.4	12:10	0.4	6:06	7:53	
16	Sat	6:44	5.6	7:10	6.8	12:57	0.0	1:05	0.0	6:07	7:51	
17	Sun	7:40	6.1	8:03	7.1	1:50	-0.4	2:00	-0.3	6:08	7:50	
18	Mon	8:32	6.4	8:54	7.2	2:41	-0.7	2:53	-0.5	6:09	7:49	
19	Tue	9:22	6.7	9:44	7.2	3:30	-0.9	3:46	-0.6	6:09	7:47	
20	Wed	10:12	6.8	10:34	7.0	4:18	-0.9	4:37	-0.5	6:10	7:46	
21	Thu	11:03	6.8	11:26	6.6	5:06	-0.9	5:28	-0.3	6:11	7:44	
22	Fri	11:56	6.7			5:53	-0.6	6:20	0.0	6:12	7:43	
23	Sat	12:20	6.2	12:50	6.5	6:41	-0.3	7:14	0.3	6:13	7:41	
24	Sun	1:16	5.9	1:44	6.2	7:33	0.1	8:13	0.6	6:14	7:40	
25	Mon	2:13	5.5	2:39	6.0	8:29	0.4	9:17	0.8	6:15	7:38	
26	Tue	3:10	5.3	3:35	5.9	9:28	0.6	10:20	0.9	6:16	7:37	
27	Wed	4:07	5.2	4:30	5.8	10:28	0.7	11:18	0.8	6:17	7:35	
28	Thu	5:04	5.2	5:26	5.9	11:23	0.7			6:18	7:34	
29	Fri	6:00	5.3	6:19	5.9	12:10	0.6	12:14	0.6	6:19	7:32	
30	Sat	6:52	5.5	7:07	6.0	12:57	0.5	1:01	0.5	6:20	7:30	
31	Sun	7:39	5.6	7:52	6.1	1:41	0.3	1:46	0.4	6:21	7:29	