






























Rockaway Beach (inside), NY - Mar 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:00	6.4	10:24	6.5	4:02	-1.0	4:26	-1.1	6:28	5:46	
2	Mon	10:52	6.1	11:16	6.3	4:52	-0.7	5:13	-0.7	6:27	5:47	
3	Tue	11:46	5.7			5:44	-0.4	6:03	-0.3	6:25	5:48	
4	Wed	12:11	6.0	12:44	5.3	6:40	0.0	6:58	0.1	6:24	5:49	
5	Thu	1:07	5.7	1:42	5.1	7:43	0.3	8:00	0.4	6:22	5:50	
6	Fri	2:05	5.5	2:42	4.9	8:50	0.5	9:04	0.5	6:21	5:51	
7	Sat	3:03	5.3	3:42	4.9	9:54	0.5	10:05	0.5	6:19	5:53	
8	Sun	4:03	5.3	4:41	5.0	10:51	0.3	11:00	0.4	6:17	5:54	
9	Mon	5:01	5.4	5:36	5.2	11:41	0.2	11:50	0.2	6:16	5:55	
10	Tue	5:54	5.5	6:26	5.4			12:27	0.0	6:14	5:56	
11	Wed	6:41	5.7	7:10	5.6	12:37	0.0	1:10	-0.1	6:13	5:57	
12	Thu	7:23	5.7	7:50	5.8	1:21	-0.1	1:50	-0.2	6:11	5:58	
13	Fri	8:02	5.7	8:28	5.8	2:03	-0.1	2:28	-0.2	6:09	5:59	
14	Sat	8:39	5.6	9:03	5.8	2:43	-0.1	3:05	-0.1	6:08	6:00	
15	Sun	9:14	5.4	9:37	5.6	3:22	0.0	3:39	0.1	6:06	6:01	
16	Mon	9:48	5.2	10:10	5.5	3:58	0.1	4:12	0.3	6:05	6:02	
17	Tue	10:23	5.0	10:44	5.3	4:34	0.3	4:43	0.5	6:03	6:03	
18	Wed	11:02	4.8	11:23	5.2	5:10	0.5	5:13	0.7	6:01	6:04	
19	Thu	11:48	4.7			5:50	0.7	5:48	0.9	6:00	6:06	
20	Fri	12:10	5.2	12:44	4.6	6:42	0.8	6:39	1.1	5:58	6:07	
21	Sat	1:07	5.2	1:45	4.6	7:51	0.9	7:59	1.1	5:56	6:08	
22	Sun	2:10	5.3	2:49	4.7	9:04	0.8	9:18	0.9	5:55	6:09	
23	Mon	3:15	5.4	3:54	5.0	10:10	0.5	10:25	0.5	5:53	6:10	
24	Tue	4:20	5.7	4:56	5.4	11:07	0.0	11:24	0.1	5:51	6:11	
25	Wed	5:22	6.1	5:53	6.0			12:00	-0.4	5:50	6:12	
26	Thu	6:19	6.4	6:46	6.5	12:20	-0.4	12:51	-0.8	5:48	6:13	
27	Fri	7:12	6.7	7:36	6.9	1:13	-0.8	1:41	-1.0	5:46	6:14	
28	Sat	8:02	6.8	8:25	7.1	2:06	-1.0	2:29	-1.1	5:45	6:15	
29	Sun	8:51	6.7	9:13	7.1	2:56	-1.1	3:16	-1.1	5:43	6:16	
30	Mon	9:41	6.4	10:02	6.9	3:46	-1.0	4:03	-0.9	5:41	6:17	
31	Tue	10:33	6.1	10:53	6.6	4:35	-0.7	4:50	-0.5	5:40	6:18	