




























Rockaway Beach (inside), NY - Jul 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:50	5.2	2:34	5.3	8:16	0.7	8:41	1.3	5:28	8:30	
2	Thu	2:38	5.0	3:21	5.4	9:07	0.8	9:39	1.3	5:28	8:29	
3	Fri	3:28	4.8	4:09	5.4	9:59	0.8	10:37	1.2	5:29	8:29	
4	Sat	4:20	4.8	4:58	5.6	10:51	0.8	11:30	1.0	5:29	8:29	
5	Sun	5:14	4.8	5:47	5.7	11:40	0.7			5:30	8:29	
6	Mon	6:08	4.9	6:35	5.9	12:21	0.7	12:28	0.6	5:31	8:29	
7	Tue	7:00	5.0	7:22	6.1	1:11	0.5	1:16	0.5	5:31	8:28	
8	Wed	7:48	5.2	8:06	6.3	1:59	0.2	2:03	0.5	5:32	8:28	
9	Thu	8:34	5.3	8:49	6.5	2:47	0.0	2:49	0.4	5:32	8:28	
10	Fri	9:19	5.5	9:33	6.6	3:33	-0.2	3:36	0.3	5:33	8:27	
11	Sat	10:04	5.6	10:18	6.6	4:19	-0.3	4:22	0.3	5:34	8:27	
12	Sun	10:51	5.7	11:06	6.5	5:03	-0.3	5:09	0.3	5:35	8:26	
13	Mon	11:41	5.8	11:57	6.3	5:48	-0.3	5:58	0.3	5:35	8:26	
14	Tue			12:35	5.9	6:34	-0.2	6:50	0.5	5:36	8:25	
15	Wed	12:53	6.1	1:30	6.0	7:23	-0.1	7:49	0.6	5:37	8:25	
16	Thu	1:50	5.8	2:26	6.1	8:18	0.0	8:55	0.7	5:38	8:24	
17	Fri	2:48	5.7	3:22	6.2	9:17	0.1	10:02	0.6	5:38	8:23	
18	Sat	3:48	5.5	4:19	6.3	10:17	0.1	11:05	0.4	5:39	8:23	
19	Sun	4:49	5.5	5:17	6.4	11:16	0.1			5:40	8:22	
20	Mon	5:50	5.5	6:15	6.5	12:04	0.2	12:11	0.0	5:41	8:21	
21	Tue	6:48	5.6	7:09	6.6	12:59	0.0	1:04	0.0	5:42	8:21	
22	Wed	7:43	5.7	8:00	6.7	1:51	-0.1	1:55	0.0	5:43	8:20	
23	Thu	8:33	5.8	8:47	6.6	2:40	-0.2	2:44	0.0	5:44	8:19	
24	Fri	9:21	5.8	9:32	6.5	3:27	-0.2	3:31	0.1	5:44	8:18	
25	Sat	10:06	5.8	10:15	6.3	4:11	-0.2	4:15	0.3	5:45	8:17	
26	Sun	10:51	5.7	10:57	6.0	4:52	-0.1	4:58	0.4	5:46	8:16	
27	Mon	11:35	5.6	11:40	5.7	5:32	0.1	5:40	0.7	5:47	8:15	
28	Tue			12:20	5.4	6:10	0.3	6:22	0.9	5:48	8:14	
29	Wed	12:23	5.4	1:05	5.4	6:48	0.6	7:07	1.1	5:49	8:14	
30	Thu	1:09	5.1	1:51	5.3	7:29	0.8	7:57	1.3	5:50	8:13	
31	Fri	1:56	4.9	2:37	5.3	8:16	1.0	8:55	1.4	5:51	8:11	