

































## Rockaway Beach (inside), NY - Mar 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:12	6.1	7:41	5.9	1:08	-0.4	1:44	-0.6	6:29	5:46	
2	Tue	7:55	6.1	8:23	5.9	1:54	-0.4	2:26	-0.6	6:27	5:47	
3	Wed	8:36	6.0	9:03	5.9	2:37	-0.4	3:05	-0.5	6:26	5:48	
4	Thu	9:16	5.8	9:42	5.8	3:18	-0.3	3:42	-0.3	6:24	5:49	
5	Fri	9:54	5.5	10:21	5.6	3:58	-0.1	4:17	0.0	6:23	5:50	
6	Sat	10:34	5.2	11:00	5.4	4:36	0.1	4:52	0.2	6:21	5:51	
7	Sun	11:15	4.9	11:41	5.1	5:14	0.4	5:26	0.5	6:19	5:52	
8	Mon	11:59	4.6			5:55	0.7	6:04	0.8	6:18	5:53	
9	Tue	12:25	5.0	12:48	4.4	6:43	0.9	6:51	1.1	6:16	5:54	
10	Wed	1:13	4.8	1:42	4.3	7:44	1.1	7:55	1.2	6:15	5:56	
11	Thu	2:06	4.8	2:41	4.3	8:52	1.0	9:06	1.2	6:13	5:57	
12	Fri	3:04	4.9	3:41	4.4	9:56	0.8	10:09	1.0	6:11	5:58	
13	Sat	4:04	5.1	4:40	4.7	10:53	0.5	11:05	0.6	6:10	5:59	
14	Sun	5:03	5.4	5:35	5.1	11:45	0.1	11:57	0.2	6:08	6:00	
15	Mon	5:57	5.8	6:26	5.6			12:33	-0.2	6:07	6:01	
16	Tue	6:47	6.2	7:13	6.0	12:47	-0.2	1:20	-0.5	6:05	6:02	
17	Wed	7:35	6.4	7:58	6.4	1:37	-0.5	2:06	-0.8	6:03	6:03	
18	Thu	8:21	6.5	8:43	6.6	2:26	-0.7	2:51	-0.9	6:02	6:04	
19	Fri	9:08	6.4	9:29	6.7	3:14	-0.8	3:35	-0.9	6:00	6:05	
20	Sat	9:56	6.2	10:18	6.6	4:02	-0.8	4:20	-0.7	5:58	6:06	
21	Sun	10:49	5.9	11:10	6.4	4:51	-0.6	5:07	-0.4	5:57	6:07	
22	Mon	11:45	5.6			5:43	-0.2	5:58	-0.1	5:55	6:08	
23	Tue	12:06	6.1	12:44	5.3	6:41	0.1	6:56	0.3	5:53	6:09	
24	Wed	1:04	5.9	1:45	5.2	7:46	0.4	8:02	0.5	5:52	6:11	
25	Thu	2:05	5.6	2:46	5.1	8:54	0.5	9:09	0.6	5:50	6:12	
26	Fri	3:06	5.5	3:48	5.2	9:59	0.4	10:12	0.5	5:48	6:13	
27	Sat	4:08	5.5	4:48	5.3	10:56	0.2	11:08	0.3	5:47	6:14	
28	Sun	5:07	5.6	5:43	5.6	11:46	0.0	11:59	0.1	5:45	6:15	
29	Mon	6:00	5.7	6:32	5.9			12:32	-0.1	5:43	6:16	
30	Tue	6:48	5.8	7:16	6.1	12:46	-0.1	1:15	-0.2	5:42	6:17	
31	Wed	7:31	5.9	7:56	6.2	1:31	-0.2	1:55	-0.2	5:40	6:18	