
































## Rockaway Beach (inside), NY - Apr 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:19	5.3	5:50	5.3	11:53	0.3			5:37	6:20	
2	Sun	7:08	5.6	7:35	5.7	12:10	0.5	1:39	0.0	6:36	7:21	
3	Mon	7:54	5.9	8:17	6.1	1:57	0.1	2:23	-0.3	6:34	7:22	
4	Tue	8:38	6.0	8:58	6.4	2:44	-0.2	3:05	-0.4	6:32	7:23	
5	Wed	9:22	6.1	9:40	6.6	3:30	-0.4	3:47	-0.4	6:31	7:24	
6	Thu	10:06	6.0	10:23	6.6	4:15	-0.5	4:30	-0.4	6:29	7:25	
7	Fri	10:53	5.8	11:09	6.6	5:01	-0.4	5:13	-0.2	6:28	7:26	
8	Sat	11:45	5.6			5:49	-0.3	5:59	0.0	6:26	7:27	
9	Sun	12:01	6.4	12:42	5.4	6:41	0.0	6:51	0.2	6:24	7:28	
10	Mon	12:58	6.1	1:42	5.2	7:39	0.3	7:51	0.5	6:23	7:29	
11	Tue	1:59	5.9	2:44	5.2	8:45	0.4	9:00	0.7	6:21	7:30	
12	Wed	3:02	5.8	3:47	5.2	9:54	0.4	10:09	0.6	6:20	7:31	
13	Thu	4:05	5.7	4:49	5.4	10:58	0.3	11:13	0.5	6:18	7:32	
14	Fri	5:07	5.7	5:48	5.7	11:54	0.0			6:17	7:33	
15	Sat	6:06	5.8	6:43	6.0	12:11	0.2	12:45	-0.2	6:15	7:34	
16	Sun	7:01	5.9	7:33	6.3	1:03	0.0	1:31	-0.3	6:14	7:35	
17	Mon	7:50	6.0	8:17	6.5	1:52	-0.2	2:15	-0.3	6:12	7:36	
18	Tue	8:35	6.0	8:59	6.5	2:38	-0.3	2:57	-0.3	6:11	7:37	
19	Wed	9:17	5.9	9:38	6.5	3:22	-0.3	3:37	-0.1	6:09	7:38	
20	Thu	9:58	5.7	10:17	6.3	4:04	-0.2	4:15	0.1	6:08	7:39	
21	Fri	10:39	5.4	10:55	6.0	4:44	0.0	4:52	0.4	6:06	7:40	
22	Sat	11:20	5.1	11:34	5.7	5:23	0.2	5:28	0.7	6:05	7:42	
23	Sun			12:03	4.9	6:03	0.5	6:05	1.0	6:03	7:43	
24	Mon	12:15	5.4	12:50	4.7	6:44	0.7	6:44	1.3	6:02	7:44	
25	Tue	1:01	5.2	1:41	4.5	7:31	1.0	7:33	1.5	6:01	7:45	
26	Wed	1:51	5.0	2:34	4.5	8:28	1.1	8:36	1.6	5:59	7:46	
27	Thu	2:44	5.0	3:29	4.6	9:31	1.1	9:46	1.6	5:58	7:47	
28	Fri	3:41	5.0	4:24	4.8	10:31	0.9	10:49	1.3	5:57	7:48	
29	Sat	4:39	5.1	5:18	5.2	11:25	0.6	11:46	1.0	5:55	7:49	
30	Sun	5:36	5.3	6:10	5.6			12:14	0.3	5:54	7:50	