

































## Rockaway Beach (inside), NY - May 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:31	5.6	6:59	6.1	12:39	0.5	1:01	0.0	5:53	7:51	
2	Tue	7:23	5.8	7:46	6.5	1:29	0.1	1:48	-0.2	5:51	7:52	
3	Wed	8:12	6.0	8:31	6.8	2:20	-0.2	2:34	-0.3	5:50	7:53	
4	Thu	9:00	6.0	9:17	7.0	3:09	-0.5	3:20	-0.4	5:49	7:54	
5	Fri	9:49	6.0	10:04	7.0	3:59	-0.6	4:08	-0.4	5:48	7:55	
6	Sat	10:40	5.9	10:54	6.9	4:49	-0.6	4:56	-0.2	5:47	7:56	
7	Sun	11:34	5.7	11:48	6.6	5:39	-0.4	5:46	0.0	5:46	7:57	
8	Mon			12:31	5.6	6:31	-0.2	6:39	0.2	5:44	7:58	
9	Tue	12:46	6.3	1:31	5.5	7:27	0.1	7:38	0.5	5:43	7:59	
10	Wed	1:45	6.1	2:31	5.5	8:29	0.2	8:43	0.7	5:42	8:00	
11	Thu	2:45	5.8	3:30	5.5	9:32	0.3	9:50	0.7	5:41	8:01	
12	Fri	3:44	5.7	4:27	5.7	10:32	0.2	10:52	0.6	5:40	8:02	
13	Sat	4:42	5.6	5:23	5.9	11:25	0.1	11:48	0.4	5:39	8:03	
14	Sun	5:39	5.6	6:16	6.1			12:14	0.0	5:38	8:04	
15	Mon	6:32	5.6	7:04	6.3	12:40	0.3	12:59	0.0	5:37	8:05	
16	Tue	7:22	5.6	7:49	6.4	1:27	0.1	1:42	0.0	5:36	8:06	
17	Wed	8:08	5.6	8:30	6.5	2:13	0.0	2:24	0.1	5:36	8:07	
18	Thu	8:51	5.5	9:10	6.4	2:57	0.0	3:05	0.2	5:35	8:08	
19	Fri	9:33	5.4	9:48	6.2	3:40	0.0	3:45	0.4	5:34	8:09	
20	Sat	10:13	5.2	10:25	6.0	4:20	0.1	4:24	0.6	5:33	8:10	
21	Sun	10:54	5.0	11:03	5.7	5:00	0.3	5:01	0.9	5:32	8:11	
22	Mon	11:36	4.8	11:41	5.5	5:40	0.5	5:38	1.1	5:32	8:11	
23	Tue			12:21	4.7	6:20	0.6	6:16	1.3	5:31	8:12	
24	Wed	12:23	5.3	1:09	4.6	7:03	0.8	6:59	1.5	5:30	8:13	
25	Thu	1:11	5.2	2:00	4.7	7:52	0.9	7:53	1.6	5:29	8:14	
26	Fri	2:03	5.1	2:51	4.8	8:48	0.9	9:01	1.5	5:29	8:15	
27	Sat	2:58	5.1	3:43	5.1	9:46	0.8	10:09	1.3	5:28	8:16	
28	Sun	3:56	5.2	4:36	5.5	10:42	0.6	11:11	1.0	5:28	8:16	
29	Mon	4:56	5.3	5:30	5.9	11:34	0.3			5:27	8:17	
30	Tue	5:55	5.5	6:24	6.3	12:08	0.5	12:24	0.1	5:27	8:18	
31	Wed	6:53	5.6	7:16	6.8	1:03	0.1	1:14	-0.1	5:26	8:19	