
































Rockaway Beach (inside), NY - Jun 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:48	5.8	8:06	7.1	1:56	-0.2	2:05	-0.3	5:26	8:20	
2	Fri	8:40	5.9	8:57	7.2	2:50	-0.5	2:56	-0.4	5:25	8:20	
3	Sat	9:32	6.0	9:47	7.2	3:43	-0.6	3:48	-0.4	5:25	8:21	
4	Sun	10:25	6.0	10:39	7.0	4:34	-0.7	4:40	-0.3	5:25	8:22	
5	Mon	11:20	5.9	11:34	6.8	5:26	-0.6	5:32	-0.1	5:24	8:22	
6	Tue			12:18	5.8	6:17	-0.4	6:25	0.1	5:24	8:23	
7	Wed	12:30	6.4	1:16	5.7	7:10	-0.2	7:22	0.4	5:24	8:23	
8	Thu	1:27	6.1	2:12	5.7	8:06	0.0	8:22	0.6	5:24	8:24	
9	Fri	2:23	5.8	3:07	5.8	9:03	0.1	9:25	0.8	5:24	8:25	
10	Sat	3:18	5.6	4:01	5.8	9:59	0.2	10:26	0.7	5:23	8:25	
11	Sun	4:13	5.4	4:53	5.9	10:51	0.2	11:22	0.6	5:23	8:26	
12	Mon	5:08	5.3	5:44	6.1	11:40	0.2			5:23	8:26	
13	Tue	6:02	5.2	6:33	6.2	12:13	0.5	12:25	0.3	5:23	8:27	
14	Wed	6:53	5.2	7:19	6.3	1:01	0.3	1:09	0.3	5:23	8:27	
15	Thu	7:41	5.2	8:02	6.3	1:47	0.2	1:53	0.4	5:23	8:27	
16	Fri	8:26	5.2	8:43	6.2	2:32	0.2	2:36	0.5	5:23	8:28	
17	Sat	9:08	5.2	9:22	6.1	3:15	0.2	3:18	0.6	5:23	8:28	
18	Sun	9:49	5.1	9:59	5.9	3:58	0.2	3:59	0.7	5:24	8:28	
19	Mon	10:29	5.0	10:36	5.8	4:38	0.3	4:38	0.9	5:24	8:29	
20	Tue	11:10	4.9	11:12	5.6	5:18	0.4	5:15	1.1	5:24	8:29	
21	Wed	11:52	4.8	11:51	5.5	5:57	0.5	5:52	1.2	5:24	8:29	
22	Thu			12:37	4.8	6:36	0.6	6:32	1.3	5:24	8:29	
23	Fri	12:36	5.4	1:24	4.9	7:18	0.6	7:20	1.4	5:25	8:29	
24	Sat	1:27	5.3	2:14	5.1	8:06	0.7	8:21	1.4	5:25	8:30	
25	Sun	2:23	5.2	3:05	5.4	9:00	0.6	9:32	1.2	5:25	8:30	
26	Mon	3:21	5.2	3:59	5.8	9:59	0.5	10:40	0.9	5:26	8:30	
27	Tue	4:22	5.2	4:55	6.1	10:56	0.4	11:41	0.5	5:26	8:30	
28	Wed	5:25	5.3	5:53	6.5	11:51	0.1			5:27	8:30	
29	Thu	6:27	5.5	6:50	6.8	12:39	0.1	12:46	-0.1	5:27	8:30	
30	Fri	7:26	5.7	7:45	7.1	1:36	-0.2	1:41	-0.3	5:27	8:30	