





























## Rockaway Beach (inside), NY - Oct 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:12	6.3	11:30	5.5	5:07	0.1	5:34	0.3	6:52	6:37	
2	Mon	11:56	6.0			5:46	0.5	6:18	0.6	6:53	6:35	
3	Tue	12:18	5.1	12:44	5.6	6:26	0.9	7:05	1.0	6:54	6:33	
4	Wed	1:09	4.8	1:34	5.4	7:11	1.2	7:58	1.2	6:55	6:32	
5	Thu	2:03	4.6	2:27	5.2	8:05	1.4	9:00	1.4	6:56	6:30	
6	Fri	2:59	4.5	3:22	5.1	9:09	1.6	10:03	1.3	6:57	6:29	
7	Sat	3:55	4.6	4:17	5.2	10:13	1.5	11:00	1.1	6:58	6:27	
8	Sun	4:51	4.8	5:10	5.3	11:11	1.3	11:50	0.7	6:59	6:25	
9	Mon	5:44	5.0	6:02	5.6			12:02	1.0	7:00	6:24	
10	Tue	6:32	5.4	6:49	5.8	12:36	0.4	12:49	0.7	7:01	6:22	
11	Wed	7:17	5.7	7:33	6.0	1:19	0.1	1:35	0.4	7:02	6:21	
12	Thu	7:57	6.1	8:15	6.1	2:01	-0.1	2:20	0.2	7:03	6:19	
13	Fri	8:36	6.3	8:56	6.1	2:42	-0.2	3:04	0.0	7:04	6:18	
14	Sat	9:15	6.5	9:38	6.0	3:23	-0.2	3:49	0.0	7:05	6:16	
15	Sun	9:56	6.6	10:22	5.9	4:03	-0.1	4:34	0.0	7:06	6:14	
16	Mon	10:39	6.6	11:10	5.6	4:45	0.0	5:21	0.1	7:07	6:13	
17	Tue	11:29	6.4			5:29	0.2	6:11	0.3	7:09	6:11	
18	Wed	12:06	5.4	12:26	6.2	6:18	0.4	7:08	0.5	7:10	6:10	
19	Thu	1:08	5.2	1:28	6.0	7:16	0.6	8:14	0.7	7:11	6:09	
20	Fri	2:13	5.1	2:32	5.9	8:24	0.8	9:25	0.7	7:12	6:07	
21	Sat	3:17	5.2	3:36	5.9	9:36	0.7	10:31	0.4	7:13	6:06	
22	Sun	4:19	5.4	4:38	6.0	10:43	0.5	11:29	0.1	7:14	6:04	
23	Mon	5:20	5.7	5:38	6.1	11:43	0.2			7:15	6:03	
24	Tue	6:16	6.1	6:33	6.2	12:20	-0.2	12:36	0.0	7:16	6:01	
25	Wed	7:07	6.4	7:24	6.3	1:07	-0.4	1:26	-0.2	7:17	6:00	
26	Thu	7:54	6.6	8:10	6.3	1:52	-0.5	2:14	-0.3	7:19	5:59	
27	Fri	8:37	6.7	8:54	6.1	2:34	-0.5	2:59	-0.3	7:20	5:57	
28	Sat	9:18	6.7	9:36	5.9	3:16	-0.3	3:43	-0.2	7:21	5:56	
29	Sun	8:58	6.5	9:17	5.6	2:55	-0.1	3:25	-0.1	6:22	4:55	
30	Mon	9:38	6.2	10:00	5.2	3:34	0.2	4:06	0.2	6:23	4:54	
31	Tue	10:19	5.8	10:45	4.9	4:12	0.5	4:47	0.5	6:24	4:52	