US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:04	4.7	5:52	1.0	6:41	0.6	7:18	4:39	
2	Tue	12:48	4.4	12:59	4.6	6:49	1.1	7:35	0.6	7:18	4:40	
3	Wed	1:40	4.6	1:59	4.6	8:02	1.0	8:36	0.5	7:19	4:40	
4	Thu	2:34	4.9	3:00	4.6	9:15	0.8	9:36	0.4	7:19	4:41	
5	Fri	3:31	5.3	4:03	4.7	10:19	0.4	10:32	0.1	7:19	4:42	
6	Sat	4:29	5.7	5:05	4.9	11:17	0.0	11:26	-0.2	7:18	4:43	
7	Sun	5:27	6.1	6:03	5.2			12:13	-0.4	7:18	4:44	
8	Mon	6:23	6.5	6:57	5.5	12:19	-0.6	1:07	-0.7	7:18	4:45	
9	Tue	7:15	6.8	7:49	5.7	1:12	-0.8	1:59	-1.0	7:18	4:46	
10	Wed	8:06	6.9	8:40	5.8	2:04	-1.0	2:50	-1.1	7:18	4:47	
11	Thu	8:57	6.8	9:31	5.8	2:56	-1.0	3:40	-1.1	7:18	4:48	
12	Fri	9:48	6.6	10:24	5.8	3:47	-1.0	4:29	-1.0	7:17	4:49	
13	Sat	10:40	6.3	11:19	5.6	4:37	-0.7	5:17	-0.8	7:17	4:50	
14	Sun	11:34	5.9			5:29	-0.4	6:06	-0.5	7:17	4:51	
15	Mon	12:14	5.5	12:28	5.5	6:24	0.0	6:58	-0.2	7:16	4:53	
16	Tue	1:08	5.4	1:24	5.1	7:23	0.3	7:54	0.0	7:16	4:54	
17	Wed	2:02	5.3	2:19	4.8	8:26	0.4	8:51	0.2	7:15	4:55	
18	Thu	2:55	5.3	3:16	4.6	9:28	0.5	9:47	0.3	7:15	4:56	
19	Fri	3:50	5.3	4:13	4.6	10:26	0.4	10:39	0.3	7:14	4:57	
20	Sat	4:43	5.3	5:09	4.6	11:18	0.2	11:28	0.2	7:14	4:58	
21	Sun	5:35	5.4	6:01	4.7			12:06	0.1	7:13	4:59	
22	Mon	6:24	5.5	6:48	4.8	12:14	0.1	12:52	0.0	7:12	5:01	
23	Tue	7:08	5.6	7:31	4.9	12:58	0.1	1:36	-0.1	7:12	5:02	
24	Wed	7:48	5.6	8:11	5.0	1:41	0.0	2:18	-0.2	7:11	5:03	
25	Thu	8:25	5.6	8:49	4.9	2:22	0.1	2:58	-0.2	7:10	5:04	
26	Fri	9:00	5.5	9:25	4.9	3:01	0.2	3:35	-0.2	7:09	5:05	
27	Sat	9:34	5.3	10:01	4.8	3:38	0.3	4:11	-0.1	7:09	5:07	
28	Sun	10:08	5.2	10:37	4.8	4:13	0.4	4:46	0.1	7:08	5:08	
29	Mon	10:45	5.0	11:17	4.8	4:48	0.5	5:19	0.2	7:07	5:09	
30	Tue	11:29	4.8			5:25	0.6	5:56	0.4	7:06	5:10	
31	Wed	12:03	4.9	12:23	4.7	6:12	0.7	6:41	0.5	7:05	5:12	