

































## Rockaway Beach (inside), NY - Mar 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:59	4.8			5:52	0.5	6:06	0.5	6:28	5:46	
2	Fri	12:21	5.4	1:00	4.6	6:52	0.7	7:06	0.7	6:26	5:47	
3	Sat	1:22	5.4	2:06	4.6	8:11	0.7	8:24	0.7	6:25	5:48	
4	Sun	2:28	5.5	3:14	4.7	9:28	0.6	9:39	0.5	6:23	5:50	
5	Mon	3:36	5.7	4:21	5.0	10:35	0.3	10:44	0.1	6:22	5:51	
6	Tue	4:43	5.9	5:25	5.4	11:35	-0.2	11:44	-0.3	6:20	5:52	
7	Wed	5:46	6.3	6:22	5.8			12:29	-0.6	6:19	5:53	
8	Thu	6:42	6.6	7:15	6.2	12:40	-0.6	1:20	-0.9	6:17	5:54	
9	Fri	7:33	6.7	8:04	6.5	1:33	-0.9	2:08	-1.1	6:15	5:55	
10	Sat	8:21	6.7	8:51	6.6	2:23	-1.0	2:54	-1.1	6:14	5:56	
11	Sun	9:08	6.5	9:36	6.6	3:11	-1.0	3:38	-1.0	6:12	5:57	
12	Mon	9:54	6.2	10:22	6.4	3:58	-0.8	4:20	-0.7	6:11	5:58	
13	Tue	10:42	5.7	11:09	6.0	4:43	-0.5	5:01	-0.2	6:09	5:59	
14	Wed	11:31	5.3	11:57	5.7	5:29	-0.1	5:44	0.2	6:07	6:00	
15	Thu			12:23	4.9	6:17	0.3	6:30	0.7	6:06	6:02	
16	Fri	12:47	5.4	1:16	4.6	7:10	0.7	7:24	1.0	6:04	6:03	
17	Sat	1:40	5.1	2:11	4.4	8:12	0.9	8:27	1.2	6:02	6:04	
18	Sun	2:35	4.9	3:09	4.4	9:16	1.0	9:31	1.2	6:01	6:05	
19	Mon	3:33	4.9	4:07	4.5	10:15	0.9	10:29	1.0	5:59	6:06	
20	Tue	4:31	5.0	5:03	4.7	11:07	0.7	11:21	0.8	5:57	6:07	
21	Wed	5:25	5.1	5:54	5.0	11:54	0.4			5:56	6:08	
22	Thu	6:13	5.3	6:39	5.3	12:08	0.6	12:38	0.2	5:54	6:09	
23	Fri	6:56	5.5	7:19	5.5	12:53	0.4	1:20	0.0	5:53	6:10	
24	Sat	7:35	5.6	7:56	5.7	1:36	0.2	2:00	-0.1	5:51	6:11	
25	Sun	8:12	5.7	8:30	5.9	2:18	0.1	2:38	-0.1	5:49	6:12	
26	Mon	8:48	5.6	9:04	5.9	2:58	0.0	3:14	-0.1	5:48	6:13	
27	Tue	9:25	5.5	9:39	6.0	3:36	0.0	3:49	0.1	5:46	6:14	
28	Wed	10:06	5.3	10:19	6.0	4:15	0.1	4:25	0.2	5:44	6:15	
29	Thu	10:52	5.1	11:05	5.9	4:57	0.2	5:03	0.4	5:43	6:16	
30	Fri	11:47	4.9			5:44	0.4	5:49	0.6	5:41	6:17	
31	Sat	12:01	5.8	12:48	4.8	6:43	0.6	6:50	0.8	5:39	6:18	