





















## Rockaway Beach (inside), NY - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:09	5.3	5:44	6.2	11:39	0.2			5:28	8:30	
2	Mon	6:05	5.2	6:35	6.3	12:18	0.4	12:27	0.3	5:28	8:29	
3	Tue	6:59	5.2	7:24	6.3	1:08	0.3	1:14	0.3	5:29	8:29	
4	Wed	7:49	5.2	8:09	6.3	1:56	0.2	2:00	0.4	5:29	8:29	
5	Thu	8:36	5.2	8:52	6.2	2:43	0.2	2:45	0.5	5:30	8:29	
6	Fri	9:20	5.2	9:34	6.1	3:27	0.2	3:29	0.6	5:31	8:28	
7	Sat	10:02	5.1	10:13	5.9	4:10	0.2	4:11	0.7	5:31	8:28	
8	Sun	10:44	5.0	10:52	5.7	4:50	0.3	4:51	0.9	5:32	8:28	
9	Mon	11:27	5.0	11:31	5.5	5:29	0.4	5:30	1.1	5:33	8:27	
10	Tue			12:10	4.9	6:07	0.5	6:09	1.3	5:33	8:27	
11	Wed	12:11	5.3	12:53	4.9	6:45	0.6	6:50	1.4	5:34	8:27	
12	Thu	12:54	5.1	1:37	5.0	7:25	0.7	7:39	1.5	5:35	8:26	
13	Fri	1:42	5.0	2:23	5.2	8:10	0.8	8:39	1.5	5:36	8:26	
14	Sat	2:34	4.9	3:10	5.4	9:03	0.8	9:45	1.3	5:36	8:25	
15	Sun	3:30	4.9	4:02	5.7	10:00	0.8	10:50	1.1	5:37	8:24	
16	Mon	4:30	4.9	4:57	6.0	10:57	0.7	11:49	0.7	5:38	8:24	
17	Tue	5:32	5.0	5:54	6.3	11:53	0.5			5:39	8:23	
18	Wed	6:32	5.2	6:51	6.6	12:46	0.3	12:47	0.2	5:39	8:23	
19	Thu	7:30	5.5	7:46	6.9	1:41	0.0	1:42	0.0	5:40	8:22	
20	Fri	8:24	5.7	8:39	7.1	2:35	-0.3	2:36	-0.2	5:41	8:21	
21	Sat	9:16	6.0	9:31	7.2	3:27	-0.5	3:30	-0.3	5:42	8:20	
22	Sun	10:08	6.1	10:22	7.1	4:18	-0.7	4:23	-0.4	5:43	8:20	
23	Mon	11:01	6.2	11:14	6.8	5:07	-0.7	5:15	-0.3	5:44	8:19	
24	Tue	11:56	6.2			5:55	-0.6	6:07	0.0	5:45	8:18	
25	Wed	12:08	6.5	12:50	6.2	6:43	-0.4	7:01	0.2	5:46	8:17	
26	Thu	1:02	6.1	1:44	6.2	7:32	-0.2	7:59	0.5	5:46	8:16	
27	Fri	1:57	5.7	2:37	6.1	8:25	0.1	9:00	0.7	5:47	8:15	
28	Sat	2:52	5.4	3:30	6.1	9:21	0.4	10:02	0.8	5:48	8:14	
29	Sun	3:47	5.2	4:22	6.0	10:17	0.5	11:01	0.7	5:49	8:13	
30	Mon	4:44	5.0	5:16	6.0	11:10	0.6	11:55	0.6	5:50	8:12	
31	Tue	5:41	5.0	6:09	6.0			12:01	0.6	5:51	8:11	