

































Rockaway Beach (inside), NY - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:27	6.3	6:54	5.3	12:20	-0.5	1:02	-0.6	7:18	4:38	
2	Thu	7:17	6.4	7:43	5.4	1:10	-0.5	1:52	-0.7	7:18	4:39	
3	Fri	8:05	6.3	8:31	5.3	1:59	-0.5	2:40	-0.7	7:19	4:40	
4	Sat	8:50	6.2	9:17	5.2	2:46	-0.3	3:26	-0.6	7:19	4:41	
5	Sun	9:35	5.9	10:03	5.0	3:30	-0.2	4:09	-0.4	7:19	4:42	
6	Mon	10:20	5.6	10:50	4.9	4:13	0.1	4:51	-0.2	7:18	4:43	
7	Tue	11:06	5.3	11:38	4.7	4:56	0.3	5:32	0.1	7:18	4:44	
8	Wed	11:53	4.9			5:40	0.6	6:14	0.3	7:18	4:45	
9	Thu	12:27	4.7	12:41	4.6	6:29	0.9	7:00	0.5	7:18	4:46	
10	Fri	1:14	4.6	1:31	4.4	7:25	1.1	7:50	0.6	7:18	4:47	
11	Sat	2:02	4.7	2:23	4.2	8:27	1.1	8:45	0.7	7:18	4:48	
12	Sun	2:51	4.8	3:17	4.2	9:29	1.0	9:40	0.6	7:17	4:49	
13	Mon	3:41	4.9	4:13	4.2	10:25	0.8	10:32	0.5	7:17	4:50	
14	Tue	4:33	5.1	5:08	4.3	11:17	0.5	11:21	0.4	7:17	4:51	
15	Wed	5:23	5.3	6:00	4.5			12:06	0.2	7:16	4:52	
16	Thu	6:11	5.6	6:47	4.7	12:09	0.2	12:55	0.0	7:16	4:53	
17	Fri	6:57	5.8	7:32	4.9	12:55	0.0	1:42	-0.3	7:15	4:54	
18	Sat	7:40	6.1	8:14	5.1	1:41	-0.2	2:27	-0.4	7:15	4:55	
19	Sun	8:23	6.2	8:58	5.2	2:26	-0.3	3:12	-0.5	7:14	4:57	
20	Mon	9:07	6.2	9:43	5.3	3:11	-0.4	3:55	-0.6	7:14	4:58	
21	Tue	9:53	6.1	10:31	5.3	3:57	-0.4	4:37	-0.5	7:13	4:59	
22	Wed	10:42	5.9	11:24	5.4	4:44	-0.3	5:21	-0.4	7:13	5:00	
23	Thu	11:36	5.5			5:35	-0.1	6:08	-0.3	7:12	5:01	
24	Fri	12:18	5.5	12:33	5.2	6:33	0.1	7:02	-0.1	7:11	5:02	
25	Sat	1:15	5.5	1:34	4.9	7:39	0.3	8:03	0.1	7:11	5:04	
26	Sun	2:13	5.5	2:36	4.8	8:49	0.4	9:09	0.2	7:10	5:05	
27	Mon	3:13	5.6	3:40	4.7	9:57	0.2	10:12	0.1	7:09	5:06	
28	Tue	4:14	5.6	4:44	4.8	10:58	0.0	11:10	0.0	7:08	5:07	
29	Wed	5:14	5.7	5:44	4.9	11:54	-0.2			7:07	5:09	
30	Thu	6:11	5.9	6:39	5.1	12:04	-0.1	12:46	-0.4	7:06	5:10	
31	Fri	7:02	6.0	7:28	5.3	12:55	-0.2	1:35	-0.5	7:05	5:11	