

































Rockaway Beach (inside), NY - Mar 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:44	5.8	7:09	5.4	12:37	0.1	1:13	-0.3	6:29	5:46	
2	Sun	7:29	5.9	7:52	5.6	1:23	-0.1	1:55	-0.4	6:27	5:47	
3	Mon	8:09	5.9	8:31	5.7	2:07	-0.1	2:34	-0.4	6:26	5:48	
4	Tue	8:48	5.8	9:08	5.7	2:47	-0.1	3:11	-0.3	6:24	5:49	
5	Wed	9:24	5.5	9:44	5.6	3:26	0.0	3:45	-0.2	6:23	5:50	
6	Thu	10:01	5.2	10:18	5.5	4:03	0.2	4:18	0.1	6:21	5:51	
7	Fri	10:38	4.9	10:53	5.3	4:39	0.4	4:50	0.3	6:19	5:52	
8	Sat	11:17	4.6	11:29	5.1	5:14	0.6	5:22	0.6	6:18	5:53	
9	Sun			12:01	4.4	5:52	0.8	5:57	0.9	6:16	5:55	
10	Mon	12:11	5.0	12:52	4.2	6:38	1.0	6:44	1.2	6:15	5:56	
11	Tue	1:01	4.9	1:50	4.1	7:45	1.2	7:52	1.3	6:13	5:57	
12	Wed	1:59	4.9	2:52	4.1	9:03	1.2	9:09	1.2	6:11	5:58	
13	Thu	3:03	5.0	3:56	4.3	10:11	0.9	10:15	0.9	6:10	5:59	
14	Fri	4:09	5.3	4:57	4.7	11:09	0.5	11:13	0.5	6:08	6:00	
15	Sat	5:11	5.7	5:53	5.2			12:01	0.1	6:06	6:01	
16	Sun	6:07	6.0	6:44	5.7	12:07	0.1	12:50	-0.3	6:05	6:02	
17	Mon	6:59	6.4	7:31	6.2	12:59	-0.4	1:36	-0.6	6:03	6:03	
18	Tue	7:47	6.5	8:16	6.6	1:50	-0.7	2:21	-0.8	6:02	6:04	
19	Wed	8:34	6.5	9:02	6.8	2:40	-0.9	3:05	-0.9	6:00	6:05	
20	Thu	9:21	6.3	9:49	6.8	3:29	-0.9	3:49	-0.8	5:58	6:06	
21	Fri	10:10	6.0	10:38	6.6	4:18	-0.8	4:34	-0.5	5:57	6:07	
22	Sat	11:03	5.6	11:31	6.3	5:07	-0.5	5:20	-0.2	5:55	6:08	
23	Sun			12:00	5.3	6:00	-0.1	6:13	0.3	5:53	6:10	
24	Mon	12:28	5.9	1:00	5.0	6:59	0.3	7:14	0.7	5:52	6:11	
25	Tue	1:27	5.6	2:02	4.8	8:07	0.6	8:23	0.9	5:50	6:12	
26	Wed	2:28	5.4	3:04	4.7	9:16	0.7	9:32	0.9	5:48	6:13	
27	Thu	3:31	5.3	4:07	4.8	10:19	0.6	10:34	0.8	5:47	6:14	
28	Fri	4:33	5.3	5:06	5.1	11:13	0.4	11:27	0.6	5:45	6:15	
29	Sat	5:29	5.5	5:58	5.4			12:00	0.1	5:43	6:16	
30	Sun	6:19	5.6	6:44	5.6	12:15	0.4	12:43	0.0	5:42	6:17	
31	Mon	7:03	5.7	7:25	5.9	1:00	0.2	1:23	-0.1	5:40	6:18	