



Rockaway Beach (inside), NY - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:04	5.0	10:02	6.2	4:17	0.2	4:11	0.7	5:28	8:30	☀
2	Wed	10:47	5.0	10:45	6.1	4:59	0.2	4:53	0.7	5:28	8:29	☀
3	Thu	11:34	5.1	11:31	6.1	5:41	0.2	5:37	0.7	5:29	8:29	☀
4	Fri			12:24	5.2	6:23	0.2	6:24	0.8	5:29	8:29	☀
5	Sat	12:23	5.9	1:16	5.4	7:07	0.3	7:19	0.8	5:30	8:29	☀
6	Sun	1:19	5.7	2:10	5.7	7:57	0.3	8:23	0.9	5:30	8:29	☀
7	Mon	2:17	5.6	3:04	6.0	8:52	0.3	9:32	0.8	5:31	8:28	☀
8	Tue	3:17	5.4	4:00	6.2	9:52	0.3	10:38	0.6	5:32	8:28	☀
9	Wed	4:19	5.3	4:58	6.4	10:52	0.2	11:41	0.3	5:32	8:28	☀
10	Thu	5:22	5.3	5:57	6.6	11:49	0.1			5:33	8:27	☀
11	Fri	6:25	5.4	6:55	6.7	12:39	0.1	12:46	0.1	5:34	8:27	☀
12	Sat	7:24	5.5	7:49	6.8	1:35	-0.1	1:40	0.0	5:34	8:26	☀
13	Sun	8:19	5.6	8:41	6.8	2:29	-0.2	2:34	0.0	5:35	8:26	☀
14	Mon	9:11	5.7	9:30	6.7	3:21	-0.3	3:25	0.1	5:36	8:25	☀
15	Tue	10:01	5.6	10:18	6.5	4:10	-0.3	4:14	0.2	5:37	8:25	☀
16	Wed	10:50	5.6	11:05	6.2	4:56	-0.2	5:01	0.4	5:37	8:24	☀
17	Thu	11:39	5.5	11:52	5.9	5:39	-0.1	5:46	0.6	5:38	8:24	☀
18	Fri			12:27	5.4	6:20	0.1	6:31	0.9	5:39	8:23	☀
19	Sat	12:39	5.6	1:14	5.4	7:01	0.3	7:19	1.1	5:40	8:22	☀
20	Sun	1:27	5.2	2:01	5.4	7:44	0.6	8:11	1.3	5:41	8:22	☀
21	Mon	2:15	4.9	2:46	5.4	8:29	0.8	9:09	1.4	5:42	8:21	☀
22	Tue	3:04	4.7	3:33	5.4	9:20	0.9	10:08	1.4	5:42	8:20	☀
23	Wed	3:55	4.6	4:20	5.5	10:13	1.0	11:04	1.2	5:43	8:19	☀
24	Thu	4:49	4.6	5:10	5.5	11:05	1.0	11:57	1.0	5:44	8:18	☀
25	Fri	5:45	4.6	6:01	5.7	11:56	0.9			5:45	8:17	☀
26	Sat	6:39	4.7	6:50	5.9	12:47	0.8	12:45	0.8	5:46	8:17	☀
27	Sun	7:29	4.9	7:37	6.1	1:36	0.6	1:33	0.7	5:47	8:16	☀
28	Mon	8:16	5.1	8:21	6.3	2:24	0.4	2:20	0.6	5:48	8:15	☀
29	Tue	8:59	5.2	9:03	6.4	3:10	0.2	3:06	0.5	5:49	8:14	☀
30	Wed	9:42	5.4	9:45	6.5	3:54	0.0	3:52	0.4	5:50	8:13	☀
31	Thu	10:25	5.5	10:29	6.4	4:37	-0.1	4:37	0.4	5:51	8:12	☀