



Rockaway Beach (inside), NY - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:11	5.7	11:15	6.2	5:17	-0.1	5:23	0.4	5:52	8:11	☀
2	Sat			12:00	5.8	5:58	-0.1	6:12	0.5	5:53	8:10	☾
3	Sun	12:06	6.0	12:52	6.0	6:41	0.1	7:05	0.6	5:53	8:08	☾
4	Mon	1:02	5.7	1:45	6.1	7:29	0.2	8:06	0.7	5:54	8:07	☾
5	Tue	2:00	5.4	2:41	6.2	8:24	0.4	9:13	0.8	5:55	8:06	☾
6	Wed	3:00	5.2	3:38	6.2	9:27	0.5	10:22	0.7	5:56	8:05	☾
7	Thu	4:02	5.1	4:38	6.3	10:32	0.5	11:26	0.5	5:57	8:04	☾
8	Fri	5:06	5.1	5:39	6.3	11:33	0.4			5:58	8:03	☾
9	Sat	6:10	5.3	6:39	6.4	12:24	0.3	12:31	0.3	5:59	8:01	☾
10	Sun	7:09	5.4	7:34	6.6	1:19	0.1	1:25	0.2	6:00	8:00	☾
11	Mon	8:03	5.6	8:24	6.6	2:11	-0.1	2:17	0.2	6:01	7:59	☾
12	Tue	8:52	5.7	9:10	6.6	3:00	-0.2	3:06	0.2	6:02	7:57	☾
13	Wed	9:38	5.8	9:54	6.4	3:45	-0.2	3:52	0.3	6:03	7:56	☾
14	Thu	10:22	5.8	10:36	6.1	4:27	-0.2	4:36	0.4	6:04	7:55	☾
15	Fri	11:05	5.7	11:18	5.8	5:05	0.0	5:18	0.6	6:05	7:53	☾
16	Sat	11:47	5.7			5:42	0.2	5:59	0.9	6:06	7:52	☾
17	Sun	12:01	5.4	12:30	5.5	6:19	0.5	6:41	1.1	6:07	7:51	☾
18	Mon	12:46	5.1	1:14	5.4	6:56	0.7	7:27	1.3	6:08	7:49	☾
19	Tue	1:34	4.8	1:59	5.4	7:38	1.0	8:21	1.5	6:09	7:48	☾
20	Wed	2:24	4.6	2:45	5.3	8:28	1.2	9:23	1.6	6:10	7:46	☾
21	Thu	3:17	4.5	3:35	5.3	9:27	1.3	10:27	1.5	6:11	7:45	☾
22	Fri	4:13	4.5	4:29	5.4	10:28	1.3	11:26	1.2	6:12	7:43	☾
23	Sat	5:11	4.6	5:25	5.6	11:25	1.2			6:13	7:42	☾
24	Sun	6:08	4.7	6:19	5.9	12:19	0.9	12:17	0.9	6:14	7:40	☾
25	Mon	7:01	5.0	7:10	6.2	1:09	0.6	1:07	0.7	6:15	7:39	☾
26	Tue	7:49	5.4	7:57	6.5	1:57	0.3	1:56	0.4	6:16	7:37	☾
27	Wed	8:33	5.7	8:41	6.7	2:42	0.0	2:44	0.2	6:17	7:36	☾
28	Thu	9:17	6.0	9:25	6.7	3:26	-0.2	3:32	0.0	6:18	7:34	☾
29	Fri	10:00	6.2	10:10	6.6	4:08	-0.3	4:19	0.0	6:19	7:33	☾
30	Sat	10:46	6.4	10:57	6.3	4:49	-0.3	5:07	0.0	6:20	7:31	☾
31	Sun	11:34	6.4	11:48	6.0	5:31	-0.2	5:57	0.2	6:21	7:30	☾