






























## Rockaway Beach (inside), NY - Oct 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:28	5.5	1:00	6.3	6:44	0.4	7:33	0.6	6:51	6:38	
2	Thu	1:30	5.2	2:01	6.0	7:43	0.7	8:40	0.8	6:52	6:36	
3	Fri	2:34	5.0	3:04	5.8	8:52	1.0	9:51	0.9	6:53	6:35	
4	Sat	3:38	5.0	4:06	5.8	10:03	1.0	10:55	0.7	6:54	6:33	
5	Sun	4:40	5.1	5:07	5.8	11:07	0.9	11:50	0.4	6:55	6:31	
6	Mon	5:40	5.3	6:03	5.9			12:02	0.7	6:56	6:30	
7	Tue	6:34	5.6	6:54	6.0	12:38	0.2	12:51	0.5	6:57	6:28	
8	Wed	7:21	5.9	7:39	6.1	1:21	0.0	1:37	0.3	6:58	6:27	
9	Thu	8:03	6.1	8:21	6.1	2:02	-0.1	2:21	0.3	6:59	6:25	
10	Fri	8:42	6.3	9:00	5.9	2:40	-0.1	3:02	0.2	7:00	6:23	
11	Sat	9:18	6.3	9:37	5.7	3:17	0.0	3:42	0.3	7:01	6:22	
12	Sun	9:53	6.1	10:14	5.4	3:53	0.2	4:20	0.5	7:02	6:20	
13	Mon	10:26	5.9	10:50	5.1	4:27	0.4	4:57	0.7	7:03	6:19	
14	Tue	10:59	5.7	11:29	4.8	5:01	0.7	5:34	0.9	7:05	6:17	
15	Wed	11:34	5.5			5:34	1.0	6:12	1.1	7:06	6:16	
16	Thu	12:13	4.5	12:15	5.3	6:09	1.3	6:58	1.3	7:07	6:14	
17	Fri	1:06	4.3	1:08	5.2	6:51	1.5	7:59	1.5	7:08	6:13	
18	Sat	2:05	4.2	2:09	5.2	7:51	1.6	9:12	1.4	7:09	6:11	
19	Sun	3:06	4.3	3:12	5.3	9:10	1.6	10:20	1.2	7:10	6:10	
20	Mon	4:06	4.6	4:14	5.5	10:21	1.3	11:16	0.7	7:11	6:08	
21	Tue	5:04	5.0	5:15	5.8	11:22	0.9			7:12	6:07	
22	Wed	5:59	5.5	6:11	6.1	12:06	0.3	12:17	0.4	7:13	6:05	
23	Thu	6:50	6.1	7:05	6.3	12:52	-0.1	1:10	-0.1	7:14	6:04	
24	Fri	7:38	6.6	7:55	6.4	1:38	-0.4	2:01	-0.4	7:16	6:02	
25	Sat	8:24	7.0	8:43	6.4	2:23	-0.6	2:52	-0.7	7:17	6:01	
26	Sun	8:10	7.2	8:31	6.3	2:09	-0.7	2:43	-0.7	6:18	5:00	
27	Mon	8:58	7.2	9:21	6.0	2:55	-0.6	3:33	-0.6	6:19	4:58	
28	Tue	9:47	6.9	10:14	5.7	3:43	-0.4	4:24	-0.3	6:20	4:57	
29	Wed	10:41	6.5	11:13	5.3	4:33	0.0	5:18	0.0	6:21	4:56	
30	Thu	11:40	6.1			5:26	0.3	6:16	0.4	6:22	4:55	
31	Fri	12:15	5.1	12:42	5.8	6:25	0.7	7:20	0.6	6:24	4:53	