
































Rockaway Beach (inside), NY - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:18	4.9	1:44	5.6	7:32	1.0	8:27	0.7	6:25	4:52	
2	Sun	2:20	4.9	2:44	5.5	8:41	1.0	9:29	0.6	6:26	4:51	
3	Mon	3:19	5.1	3:41	5.5	9:45	0.9	10:22	0.4	6:27	4:50	
4	Tue	4:15	5.3	4:36	5.5	10:40	0.7	11:07	0.2	6:28	4:49	
5	Wed	5:06	5.6	5:26	5.5	11:29	0.5	11:48	0.0	6:29	4:47	
6	Thu	5:52	5.9	6:12	5.6			12:13	0.3	6:31	4:46	
7	Fri	6:34	6.1	6:54	5.5	12:28	-0.1	12:56	0.2	6:32	4:45	
8	Sat	7:12	6.2	7:34	5.5	1:06	-0.1	1:37	0.1	6:33	4:44	
9	Sun	7:48	6.2	8:11	5.3	1:44	0.0	2:17	0.2	6:34	4:43	
10	Mon	8:22	6.0	8:48	5.1	2:21	0.2	2:56	0.3	6:35	4:42	
11	Tue	8:54	5.8	9:24	4.9	2:58	0.4	3:34	0.4	6:36	4:41	
12	Wed	9:26	5.6	10:02	4.6	3:33	0.6	4:11	0.6	6:38	4:40	
13	Thu	9:59	5.4	10:44	4.4	4:07	0.9	4:50	0.8	6:39	4:39	
14	Fri	10:39	5.3	11:35	4.2	4:42	1.1	5:34	1.0	6:40	4:38	
15	Sat	11:31	5.2			5:21	1.2	6:28	1.1	6:41	4:38	
16	Sun	12:34	4.2	12:33	5.2	6:16	1.3	7:33	1.0	6:42	4:37	
17	Mon	1:34	4.3	1:37	5.2	7:31	1.3	8:39	0.8	6:43	4:36	
18	Tue	2:33	4.7	2:40	5.3	8:48	1.1	9:38	0.5	6:45	4:35	
19	Wed	3:30	5.1	3:42	5.5	9:55	0.7	10:30	0.1	6:46	4:35	
20	Thu	4:26	5.7	4:42	5.7	10:54	0.2	11:19	-0.3	6:47	4:34	
21	Fri	5:20	6.3	5:39	5.8	11:49	-0.3			6:48	4:33	
22	Sat	6:11	6.7	6:33	6.0	12:07	-0.5	12:42	-0.6	6:49	4:33	
23	Sun	7:01	7.1	7:25	6.0	12:56	-0.7	1:34	-0.8	6:50	4:32	
24	Mon	7:50	7.2	8:15	6.0	1:45	-0.8	2:26	-0.9	6:51	4:31	
25	Tue	8:39	7.1	9:06	5.8	2:35	-0.7	3:17	-0.8	6:52	4:31	
26	Wed	9:30	6.8	9:59	5.5	3:25	-0.5	4:09	-0.6	6:54	4:31	
27	Thu	10:23	6.4	10:56	5.2	4:15	-0.2	5:01	-0.3	6:55	4:30	
28	Fri	11:20	6.0	11:55	5.0	5:07	0.1	5:55	0.0	6:56	4:30	
29	Sat			12:18	5.6	6:03	0.5	6:52	0.3	6:57	4:29	
30	Sun	12:55	4.9	1:16	5.3	7:04	0.8	7:52	0.4	6:58	4:29	