

































Rockaway Beach (inside), NY - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:14	6.0	9:34	7.0	3:23	-0.5	3:30	-0.1	5:52	8:10	
2	Mon	10:04	6.1	10:22	6.8	4:12	-0.6	4:20	-0.1	5:53	8:09	
3	Tue	10:53	6.1	11:10	6.4	4:57	-0.5	5:08	0.1	5:54	8:08	
4	Wed	11:42	6.0	11:58	6.0	5:40	-0.4	5:55	0.4	5:55	8:06	
5	Thu			12:30	5.9	6:21	-0.1	6:42	0.7	5:56	8:05	
6	Fri	12:47	5.6	1:18	5.8	7:03	0.2	7:32	1.0	5:57	8:04	
7	Sat	1:36	5.2	2:05	5.7	7:47	0.6	8:26	1.2	5:58	8:03	
8	Sun	2:27	4.9	2:52	5.6	8:35	0.9	9:26	1.3	5:59	8:02	
9	Mon	3:19	4.7	3:42	5.5	9:29	1.1	10:26	1.3	6:00	8:00	
10	Tue	4:13	4.6	4:33	5.5	10:26	1.1	11:22	1.2	6:01	7:59	
11	Wed	5:09	4.6	5:27	5.5	11:20	1.1			6:02	7:58	
12	Thu	6:05	4.7	6:20	5.6	12:14	1.0	12:12	1.0	6:03	7:56	
13	Fri	6:58	4.8	7:08	5.8	1:03	0.8	1:00	0.9	6:04	7:55	
14	Sat	7:46	5.0	7:52	6.0	1:50	0.6	1:47	0.8	6:05	7:54	
15	Sun	8:29	5.2	8:32	6.1	2:34	0.4	2:32	0.7	6:06	7:52	
16	Mon	9:09	5.3	9:09	6.2	3:16	0.2	3:15	0.6	6:07	7:51	
17	Tue	9:46	5.5	9:46	6.1	3:55	0.1	3:57	0.6	6:08	7:50	
18	Wed	10:24	5.6	10:24	6.0	4:32	0.1	4:38	0.6	6:09	7:48	
19	Thu	11:03	5.7	11:06	5.8	5:08	0.2	5:20	0.6	6:10	7:47	
20	Fri	11:46	5.8	11:53	5.6	5:43	0.3	6:04	0.7	6:11	7:45	
21	Sat			12:34	5.9	6:20	0.4	6:55	0.8	6:12	7:44	
22	Sun	12:48	5.3	1:28	6.0	7:04	0.6	7:55	0.9	6:13	7:42	
23	Mon	1:49	5.1	2:27	6.0	8:01	0.8	9:07	1.0	6:14	7:41	
24	Tue	2:53	5.0	3:29	6.1	9:13	0.9	10:20	0.9	6:15	7:39	
25	Wed	3:59	5.0	4:34	6.2	10:27	0.8	11:26	0.6	6:16	7:38	
26	Thu	5:06	5.1	5:38	6.3	11:33	0.6			6:17	7:36	
27	Fri	6:11	5.4	6:40	6.6	12:26	0.3	12:32	0.3	6:18	7:35	
28	Sat	7:11	5.7	7:35	6.8	1:21	0.0	1:28	0.1	6:19	7:33	
29	Sun	8:05	6.0	8:25	6.9	2:11	-0.3	2:20	-0.1	6:20	7:31	
30	Mon	8:53	6.3	9:12	6.8	2:59	-0.5	3:10	-0.1	6:21	7:30	
31	Tue	9:39	6.4	9:56	6.6	3:43	-0.5	3:58	0.0	6:21	7:28	