

































## Rockaway Beach (inside), NY - Jul 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:28	5.1	4:57	6.0	10:52	0.4	11:40	0.7	5:28	8:30	
2	Sat	5:24	5.0	5:48	6.0	11:41	0.5			5:28	8:29	
3	Sun	6:19	4.9	6:38	6.0	12:31	0.6	12:29	0.5	5:29	8:29	
4	Mon	7:12	5.0	7:26	6.0	1:20	0.5	1:16	0.6	5:30	8:29	
5	Tue	8:01	5.0	8:11	6.0	2:07	0.5	2:02	0.6	5:30	8:29	
6	Wed	8:46	5.0	8:53	6.0	2:53	0.4	2:47	0.7	5:31	8:28	
7	Thu	9:29	5.0	9:33	5.9	3:36	0.4	3:31	0.8	5:31	8:28	
8	Fri	10:11	4.9	10:09	5.8	4:18	0.4	4:12	0.9	5:32	8:28	
9	Sat	10:53	4.9	10:45	5.6	4:57	0.5	4:52	1.0	5:33	8:27	
10	Sun	11:34	4.8	11:21	5.5	5:33	0.5	5:30	1.2	5:33	8:27	
11	Mon			12:15	4.9	6:08	0.6	6:09	1.3	5:34	8:27	
12	Tue			12:57	5.0	6:43	0.7	6:51	1.3	5:35	8:26	
13	Wed	12:44	5.1	1:40	5.1	7:19	0.8	7:42	1.4	5:36	8:26	
14	Thu	1:35	5.0	2:26	5.3	8:01	0.9	8:44	1.3	5:36	8:25	
15	Fri	2:31	4.9	3:16	5.6	8:55	0.9	9:53	1.2	5:37	8:24	
16	Sat	3:31	4.8	4:10	5.9	9:58	0.9	10:59	0.9	5:38	8:24	
17	Sun	4:35	4.8	5:09	6.1	11:01	0.8			5:39	8:23	
18	Mon	5:40	4.9	6:10	6.4	12:01	0.5	12:01	0.5	5:40	8:23	
19	Tue	6:43	5.1	7:10	6.7	12:59	0.2	1:00	0.3	5:40	8:22	
20	Wed	7:42	5.4	8:06	7.0	1:56	-0.1	1:57	0.0	5:41	8:21	
21	Thu	8:37	5.7	8:59	7.1	2:50	-0.4	2:53	-0.2	5:42	8:20	
22	Fri	9:31	5.9	9:51	7.1	3:43	-0.6	3:47	-0.2	5:43	8:20	
23	Sat	10:23	6.1	10:42	6.9	4:32	-0.7	4:40	-0.2	5:44	8:19	
24	Sun	11:16	6.2	11:33	6.6	5:19	-0.7	5:31	0.0	5:45	8:18	
25	Mon			12:08	6.2	6:05	-0.6	6:23	0.2	5:46	8:17	
26	Tue	12:25	6.2	1:01	6.2	6:51	-0.3	7:16	0.5	5:46	8:16	
27	Wed	1:18	5.8	1:52	6.1	7:38	0.0	8:13	0.8	5:47	8:15	
28	Thu	2:12	5.4	2:42	6.0	8:28	0.3	9:14	1.0	5:48	8:14	
29	Fri	3:05	5.1	3:33	5.9	9:22	0.6	10:15	1.0	5:49	8:13	
30	Sat	4:00	4.9	4:25	5.8	10:18	0.8	11:13	1.0	5:50	8:12	
31	Sun	4:57	4.8	5:19	5.7	11:12	0.9			5:51	8:11	