US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:16	5.3	1:07	5.0	6:50	0.7	6:58	1.4	5:28	8:30	
2	Sun	12:59	5.0	1:52	5.0	7:30	0.8	7:48	1.5	5:28	8:29	
3	Mon	1:45	4.8	2:36	5.1	8:13	0.9	8:44	1.5	5:29	8:29	
4	Tue	2:33	4.7	3:20	5.3	9:01	1.0	9:45	1.4	5:29	8:29	
5	Wed	3:25	4.6	4:06	5.4	9:55	1.0	10:45	1.2	5:30	8:29	
6	Thu	4:21	4.6	4:56	5.6	10:49	1.0	11:41	0.9	5:31	8:29	
7	Fri	5:20	4.6	5:49	5.9	11:42	0.9			5:31	8:28	
8	Sat	6:19	4.7	6:42	6.2	12:36	0.6	12:34	0.7	5:32	8:28	
9	Sun	7:15	4.9	7:35	6.5	1:29	0.3	1:26	0.6	5:33	8:28	
10	Mon	8:07	5.1	8:25	6.7	2:21	0.1	2:18	0.4	5:33	8:27	
11	Tue	8:57	5.4	9:14	6.9	3:12	-0.2	3:10	0.2	5:34	8:27	
12	Wed	9:47	5.6	10:03	6.9	4:02	-0.4	4:02	0.1	5:35	8:26	
13	Thu	10:37	5.7	10:54	6.7	4:49	-0.5	4:53	0.1	5:35	8:26	
14	Fri	11:30	5.9	11:45	6.5	5:35	-0.5	5:44	0.2	5:36	8:25	
15	Sat			12:23	6.0	6:21	-0.5	6:37	0.3	5:37	8:25	
16	Sun	12:39	6.1	1:17	6.1	7:08	-0.3	7:34	0.5	5:38	8:24	
17	Mon	1:35	5.8	2:11	6.2	7:58	-0.1	8:36	0.7	5:38	8:23	
18	Tue	2:30	5.5	3:04	6.2	8:53	0.2	9:41	0.8	5:39	8:23	
19	Wed	3:27	5.2	3:58	6.1	9:51	0.4	10:45	0.8	5:40	8:22	
20	Thu	4:26	5.0	4:54	6.1	10:48	0.5	11:44	0.7	5:41	8:21	
21	Fri	5:26	5.0	5:50	6.0	11:44	0.5			5:42	8:21	
22	Sat	6:26	5.0	6:45	6.1	12:38	0.6	12:36	0.5	5:43	8:20	
23	Sun	7:21	5.1	7:36	6.1	1:30	0.5	1:26	0.5	5:44	8:19	
24	Mon	8:11	5.2	8:23	6.1	2:19	0.4	2:14	0.5	5:44	8:18	
25	Tue	8:57	5.2	9:06	6.1	3:05	0.3	3:00	0.6	5:45	8:17	
26	Wed	9:40	5.3	9:45	6.0	3:47	0.3	3:44	0.6	5:46	8:16	
27	Thu	10:22	5.3	10:23	5.8	4:26	0.3	4:25	0.8	5:47	8:15	
28	Fri	11:03	5.3	10:59	5.5	5:02	0.3	5:05	0.9	5:48	8:14	
29	Sat	11:43	5.2	11:36	5.3	5:37	0.4	5:44	1.1	5:49	8:13	
30	Sun			12:23	5.2	6:09	0.6	6:24	1.2	5:50	8:12	
31	Mon	12:15	5.0	1:03	5.2	6:42	0.8	7:06	1.3	5:51	8:11	