US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Nov 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:45	5.5	4:08	5.9	10:15	0.5	10:48	-0.2	6:25	4:52	
2	Thu	4:43	6.0	5:07	6.1	11:13	0.1	11:37	-0.5	6:26	4:51	
3	Fri	5:37	6.5	6:02	6.2			12:07	-0.3	6:27	4:49	
4	Sat	6:28	6.9	6:53	6.2	12:24	-0.7	12:58	-0.5	6:28	4:48	
5	Sun	7:15	7.1	7:42	6.2	1:11	-0.8	1:49	-0.6	6:30	4:47	
6	Mon	8:01	7.1	8:30	6.0	1:58	-0.7	2:38	-0.6	6:31	4:46	
7	Tue	8:47	6.8	9:18	5.7	2:44	-0.5	3:26	-0.3	6:32	4:45	
8	Wed	9:33	6.5	10:08	5.3	3:30	-0.1	4:14	0.0	6:33	4:44	
9	Thu	10:22	6.0	11:01	5.0	4:16	0.2	5:02	0.3	6:34	4:43	
10	Fri	11:15	5.6	11:58	4.7	5:03	0.6	5:53	0.7	6:36	4:42	
11	Sat			12:11	5.3	5:53	1.0	6:49	1.0	6:37	4:41	
12	Sun	12:56	4.5	1:07	5.0	6:50	1.2	7:49	1.1	6:38	4:40	
13	Mon	1:53	4.5	2:02	4.9	7:54	1.4	8:48	1.0	6:39	4:39	
14	Tue	2:47	4.7	2:56	4.8	8:59	1.3	9:40	0.8	6:40	4:38	
15	Wed	3:40	4.9	3:48	4.8	9:56	1.1	10:26	0.6	6:41	4:37	
16	Thu	4:29	5.2	4:39	4.9	10:47	0.9	11:08	0.4	6:43	4:37	
17	Fri	5:15	5.5	5:27	5.0	11:34	0.6	11:49	0.3	6:44	4:36	
18	Sat	5:57	5.7	6:12	5.0			12:18	0.4	6:45	4:35	
19	Sun	6:36	5.9	6:54	5.1	12:29	0.2	1:01	0.2	6:46	4:34	
20	Mon	7:13	6.0	7:33	5.1	1:09	0.3	1:44	0.1	6:47	4:34	
21	Tue	7:49	6.0	8:12	5.0	1:48	0.3	2:27	0.0	6:48	4:33	
22	Wed	8:25	6.0	8:51	4.9	2:27	0.4	3:10	0.1	6:49	4:32	
23	Thu	9:04	6.0	9:32	4.8	3:06	0.4	3:53	0.2	6:51	4:32	
24	Fri	9:47	5.9	10:21	4.6	3:45	0.5	4:39	0.3	6:52	4:31	
25	Sat	10:38	5.8	11:18	4.6	4:28	0.6	5:28	0.4	6:53	4:31	
26	Sun	11:36	5.6			5:19	0.7	6:23	0.4	6:54	4:30	
27	Mon	12:20	4.7	12:39	5.5	6:21	0.8	7:23	0.4	6:55	4:30	
28	Tue	1:22	4.9	1:41	5.4	7:35	0.8	8:25	0.2	6:56	4:30	
29	Wed	2:22	5.2	2:43	5.4	8:49	0.7	9:24	0.0	6:57	4:29	
30	Thu	3:20	5.6	3:44	5.4	9:56	0.4	10:18	-0.3	6:58	4:29	