































## Rockaway Beach (inside), NY - Dec 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:17	6.0	4:43	5.5	10:55	0.0	11:09	-0.5	6:59	4:29	
2	Sat	5:12	6.4	5:41	5.5	11:49	-0.3	11:59	-0.6	7:00	4:28	
3	Sun	6:05	6.6	6:34	5.6			12:41	-0.5	7:01	4:28	
4	Mon	6:54	6.7	7:24	5.6	12:48	-0.6	1:31	-0.6	7:02	4:28	
5	Tue	7:41	6.6	8:12	5.5	1:36	-0.5	2:20	-0.5	7:03	4:28	
6	Wed	8:27	6.4	8:59	5.3	2:23	-0.4	3:08	-0.4	7:04	4:28	
7	Thu	9:12	6.1	9:47	5.1	3:09	-0.2	3:54	-0.1	7:05	4:28	
8	Fri	9:58	5.8	10:36	4.8	3:53	0.1	4:39	0.1	7:06	4:28	
9	Sat	10:46	5.4	11:28	4.6	4:37	0.4	5:24	0.4	7:07	4:28	
10	Sun	11:35	5.1			5:23	0.7	6:10	0.6	7:07	4:28	
11	Mon	12:21	4.5	12:26	4.8	6:12	1.0	6:59	0.7	7:08	4:28	
12	Tue	1:13	4.5	1:17	4.6	7:09	1.2	7:51	0.8	7:09	4:28	
13	Wed	2:04	4.6	2:09	4.4	8:12	1.2	8:45	0.8	7:10	4:28	
14	Thu	2:53	4.7	3:01	4.3	9:14	1.1	9:36	0.7	7:11	4:28	
15	Fri	3:42	4.9	3:55	4.3	10:10	0.9	10:25	0.6	7:11	4:29	
16	Sat	4:30	5.1	4:49	4.4	11:01	0.6	11:11	0.5	7:12	4:29	
17	Sun	5:17	5.4	5:40	4.6	11:49	0.3	11:56	0.3	7:13	4:29	
18	Mon	6:02	5.6	6:28	4.7			12:36	0.1	7:13	4:30	
19	Tue	6:46	5.8	7:12	4.8	12:40	0.2	1:23	-0.1	7:14	4:30	
20	Wed	7:28	6.0	7:55	4.9	1:24	0.1	2:09	-0.2	7:14	4:30	
21	Thu	8:10	6.1	8:37	4.9	2:08	0.1	2:55	-0.3	7:15	4:31	
22	Fri	8:53	6.1	9:22	4.9	2:52	0.0	3:41	-0.3	7:15	4:31	
23	Sat	9:38	6.1	10:11	4.9	3:37	0.0	4:26	-0.3	7:16	4:32	
24	Sun	10:28	5.9	11:04	5.0	4:24	0.1	5:11	-0.3	7:16	4:33	
25	Mon	11:22	5.7			5:14	0.2	6:00	-0.2	7:17	4:33	
26	Tue	12:01	5.1	12:20	5.4	6:11	0.3	6:52	-0.1	7:17	4:34	
27	Wed	12:59	5.3	1:19	5.2	7:17	0.5	7:50	-0.1	7:17	4:34	
28	Thu	1:56	5.5	2:19	5.0	8:27	0.5	8:50	-0.1	7:18	4:35	
29	Fri	2:53	5.6	3:20	4.9	9:35	0.3	9:49	-0.1	7:18	4:36	
30	Sat	3:51	5.8	4:22	4.9	10:37	0.1	10:45	-0.2	7:18	4:37	
31	Sun	4:49	5.9	5:22	5.0	11:33	-0.1	11:38	-0.2	7:18	4:37	