

































## Rockaway Beach (inside), NY - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:44	6.0	6:18	5.1			12:26	-0.3	7:18	4:38	
2	Tue	6:37	6.1	7:10	5.2	12:30	-0.3	1:17	-0.4	7:18	4:39	
3	Wed	7:26	6.1	7:57	5.2	1:19	-0.3	2:06	-0.4	7:19	4:40	
4	Thu	8:11	6.0	8:43	5.2	2:06	-0.3	2:51	-0.4	7:19	4:41	
5	Fri	8:54	5.9	9:27	5.1	2:51	-0.2	3:34	-0.3	7:19	4:42	
6	Sat	9:35	5.7	10:11	4.9	3:33	0.0	4:13	-0.2	7:18	4:43	
7	Sun	10:17	5.4	10:55	4.8	4:14	0.2	4:51	0.0	7:18	4:44	
8	Mon	10:58	5.0	11:40	4.7	4:55	0.4	5:28	0.2	7:18	4:45	
9	Tue	11:42	4.7			5:38	0.7	6:06	0.4	7:18	4:46	
10	Wed	12:25	4.7	12:28	4.4	6:24	0.9	6:48	0.6	7:18	4:47	
11	Thu	1:11	4.7	1:17	4.2	7:19	1.0	7:38	0.8	7:18	4:48	
12	Fri	1:58	4.7	2:10	4.1	8:21	1.1	8:36	0.9	7:17	4:49	
13	Sat	2:47	4.7	3:07	4.0	9:24	0.9	9:35	0.8	7:17	4:50	
14	Sun	3:39	4.9	4:06	4.1	10:23	0.7	10:31	0.7	7:17	4:51	
15	Mon	4:34	5.1	5:04	4.3	11:18	0.4	11:22	0.5	7:16	4:52	
16	Tue	5:28	5.4	5:58	4.5			12:10	0.1	7:16	4:53	
17	Wed	6:19	5.7	6:48	4.8	12:12	0.2	1:00	-0.2	7:15	4:54	
18	Thu	7:07	6.1	7:34	5.0	1:00	-0.1	1:48	-0.5	7:15	4:55	
19	Fri	7:52	6.3	8:19	5.3	1:48	-0.3	2:34	-0.7	7:14	4:57	
20	Sat	8:37	6.4	9:05	5.5	2:36	-0.5	3:19	-0.8	7:14	4:58	
21	Sun	9:23	6.3	9:52	5.6	3:23	-0.5	4:02	-0.9	7:13	4:59	
22	Mon	10:10	6.1	10:42	5.7	4:11	-0.5	4:45	-0.8	7:13	5:00	
23	Tue	11:01	5.7	11:34	5.7	5:00	-0.3	5:29	-0.6	7:12	5:01	
24	Wed	11:56	5.3			5:53	-0.1	6:18	-0.3	7:11	5:02	
25	Thu	12:29	5.6	12:54	5.0	6:53	0.2	7:13	0.0	7:10	5:04	
26	Fri	1:25	5.6	1:55	4.7	8:01	0.4	8:16	0.2	7:10	5:05	
27	Sat	2:24	5.4	2:57	4.6	9:12	0.5	9:22	0.3	7:09	5:06	
28	Sun	3:24	5.4	4:02	4.5	10:18	0.4	10:25	0.2	7:08	5:07	
29	Mon	4:27	5.4	5:05	4.6	11:18	0.2	11:21	0.1	7:07	5:09	
30	Tue	5:27	5.5	6:03	4.8			12:12	0.0	7:06	5:10	
31	Wed	6:22	5.7	6:55	5.0	12:14	0.0	1:02	-0.2	7:05	5:11	