US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**6:02**	5.5	**6:35**	5.2			**12:38**	0.0	6:29	5:46	
2	Fri	**6:49**	5.6	**7:18**	5.4	**12:42**	0.1	**1:20**	-0.1	6:27	5:47	
3	Sat	**7:30**	5.7	**7:58**	5.6	**1:27**	0.0	**1:59**	-0.2	6:26	5:48	
4	Sun	**8:08**	5.7	**8:35**	5.7	**2:08**	-0.1	**2:35**	-0.2	6:24	5:49	
5	Mon	**8:44**	5.5	**9:09**	5.7	**2:48**	-0.1	**3:09**	-0.2	6:22	5:50	
6	Tue	**9:18**	5.3	**9:42**	5.6	**3:25**	0.0	**3:41**	0.0	6:21	5:51	
7	Wed	**9:51**	5.1	**10:14**	5.4	**4:01**	0.2	**4:11**	0.3	6:19	5:52	
8	Thu	**10:25**	4.8	**10:46**	5.3	**4:36**	0.4	**4:40**	0.5	6:18	5:53	
9	Fri	**11:02**	4.6	**11:22**	5.1	**5:10**	0.6	**5:07**	0.8	6:16	5:55	
10	Sat	**11:47**	4.4			**5:49**	0.8	**5:38**	1.0	6:15	5:56	
11	Sun	**12:07**	5.0	**1:42**	4.2	**7:39**	1.0	**7:24**	1.2	7:13	6:57	
12	Mon	**2:04**	4.9	**2:45**	4.1	**8:53**	1.1	**8:46**	1.3	7:11	6:58	
13	Tue	**3:09**	5.0	**3:52**	4.2	**10:12**	1.0	**10:14**	1.2	7:10	6:59	
14	Wed	**4:17**	5.2	**4:59**	4.5	**11:18**	0.7	**11:24**	0.8	7:08	7:00	
15	Thu	**5:24**	5.5	**6:02**	4.9			**12:15**	0.3	7:06	7:01	
16	Fri	**6:26**	5.9	**6:58**	5.5	**12:23**	0.3	**1:06**	-0.2	7:05	7:02	
17	Sat	**7:21**	6.2	**7:49**	6.1	**1:19**	-0.1	**1:54**	-0.6	7:03	7:03	
18	Sun	**8:12**	6.4	**8:37**	6.6	**2:12**	-0.5	**2:41**	-0.9	7:02	7:04	
19	Mon	**9:00**	6.5	**9:23**	6.9	**3:03**	-0.8	**3:26**	-1.0	7:00	7:05	
20	Tue	**9:47**	6.4	**10:09**	7.0	**3:53**	-0.9	**4:11**	-0.9	6:58	7:06	
21	Wed	**10:36**	6.1	**10:56**	6.8	**4:42**	-0.8	**4:55**	-0.7	6:57	7:07	
22	Thu	**11:27**	5.8	**11:46**	6.5	**5:31**	-0.6	**5:41**	-0.4	6:55	7:09	
23	Fri			**12:21**	5.4	**6:21**	-0.2	**6:30**	0.0	6:53	7:10	
24	Sat	**12:39**	6.1	**1:19**	5.0	**7:15**	0.2	**7:23**	0.5	6:52	7:11	
25	Sun	**1:37**	5.7	**2:19**	4.8	**8:17**	0.6	**8:26**	0.9	6:50	7:12	
26	Mon	**2:37**	5.3	**3:21**	4.7	**9:27**	0.8	**9:35**	1.0	6:48	7:13	
27	Tue	**3:39**	5.1	**4:23**	4.7	**10:35**	0.8	**10:42**	1.0	6:47	7:14	
28	Wed	**4:40**	5.1	**5:23**	4.8	**11:33**	0.7	**11:40**	0.8	6:45	7:15	
29	Thu	**5:40**	5.2	**6:18**	5.1			**12:22**	0.4	6:43	7:16	
30	Fri	**6:33**	5.3	**7:07**	5.5	**12:31**	0.6	**1:05**	0.2	6:42	7:17	
31	Sat	**7:20**	5.4	**7:49**	5.8	**1:18**	0.4	**1:45**	0.1	6:40	7:18	