

































## Rockaway Beach (inside), NY - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:02	5.5	6:35	5.2			12:38	0.0	6:29	5:46	
2	Fri	6:49	5.6	7:18	5.4	12:42	0.1	1:20	-0.1	6:27	5:47	
3	Sat	7:30	5.7	7:58	5.6	1:27	0.0	1:59	-0.2	6:26	5:48	
4	Sun	8:08	5.7	8:35	5.7	2:08	-0.1	2:35	-0.2	6:24	5:49	
5	Mon	8:44	5.5	9:09	5.7	2:48	-0.1	3:09	-0.2	6:22	5:50	
6	Tue	9:18	5.3	9:42	5.6	3:25	0.0	3:41	0.0	6:21	5:51	
7	Wed	9:51	5.1	10:14	5.4	4:01	0.2	4:11	0.3	6:19	5:52	
8	Thu	10:25	4.8	10:46	5.3	4:36	0.4	4:40	0.5	6:18	5:53	
9	Fri	11:02	4.6	11:22	5.1	5:10	0.6	5:07	0.8	6:16	5:55	
10	Sat	11:47	4.4			5:49	0.8	5:38	1.0	6:15	5:56	
11	Sun	12:07	5.0	1:42	4.2	7:39	1.0	7:24	1.2	7:13	6:57	
12	Mon	2:04	4.9	2:45	4.1	8:53	1.1	8:46	1.3	7:11	6:58	
13	Tue	3:09	5.0	3:52	4.2	10:12	1.0	10:14	1.2	7:10	6:59	
14	Wed	4:17	5.2	4:59	4.5	11:18	0.7	11:24	0.8	7:08	7:00	
15	Thu	5:24	5.5	6:02	4.9			12:15	0.3	7:06	7:01	
16	Fri	6:26	5.9	6:58	5.5	12:23	0.3	1:06	-0.2	7:05	7:02	
17	Sat	7:21	6.2	7:49	6.1	1:19	-0.1	1:54	-0.6	7:03	7:03	
18	Sun	8:12	6.4	8:37	6.6	2:12	-0.5	2:41	-0.9	7:02	7:04	
19	Mon	9:00	6.5	9:23	6.9	3:03	-0.8	3:26	-1.0	7:00	7:05	
20	Tue	9:47	6.4	10:09	7.0	3:53	-0.9	4:11	-0.9	6:58	7:06	
21	Wed	10:36	6.1	10:56	6.8	4:42	-0.8	4:55	-0.7	6:57	7:07	
22	Thu	11:27	5.8	11:46	6.5	5:31	-0.6	5:41	-0.4	6:55	7:09	
23	Fri			12:21	5.4	6:21	-0.2	6:30	0.0	6:53	7:10	
24	Sat	12:39	6.1	1:19	5.0	7:15	0.2	7:23	0.5	6:52	7:11	
25	Sun	1:37	5.7	2:19	4.8	8:17	0.6	8:26	0.9	6:50	7:12	
26	Mon	2:37	5.3	3:21	4.7	9:27	0.8	9:35	1.0	6:48	7:13	
27	Tue	3:39	5.1	4:23	4.7	10:35	0.8	10:42	1.0	6:47	7:14	
28	Wed	4:40	5.1	5:23	4.8	11:33	0.7	11:40	0.8	6:45	7:15	
29	Thu	5:40	5.2	6:18	5.1			12:22	0.4	6:43	7:16	
30	Fri	6:33	5.3	7:07	5.5	12:31	0.6	1:05	0.2	6:42	7:17	
31	Sat	7:20	5.4	7:49	5.8	1:18	0.4	1:45	0.1	6:40	7:18	