US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jul 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:23	5.0	9:33	6.3	3:39	0.1	3:33	0.7	5:28	8:30	
2	Mon	10:07	5.1	10:16	6.3	4:23	0.0	4:18	0.6	5:28	8:29	
3	Tue	10:52	5.2	11:01	6.3	5:06	0.0	5:03	0.6	5:29	8:29	
4	Wed	11:41	5.4	11:51	6.1	5:48	-0.1	5:50	0.6	5:29	8:29	
5	Thu			12:32	5.6	6:31	0.0	6:41	0.7	5:30	8:29	
6	Fri	12:44	5.9	1:25	5.8	7:16	0.0	7:39	0.8	5:30	8:29	
7	Sat	1:40	5.6	2:19	6.0	8:07	0.1	8:45	0.8	5:31	8:28	
8	Sun	2:38	5.4	3:14	6.2	9:04	0.2	9:54	0.8	5:32	8:28	
9	Mon	3:38	5.2	4:11	6.3	10:04	0.3	11:00	0.6	5:32	8:28	
10	Tue	4:41	5.1	5:10	6.3	11:05	0.3			5:33	8:27	
11	Wed	5:44	5.1	6:09	6.4	12:01	0.4	12:03	0.2	5:34	8:27	
12	Thu	6:46	5.2	7:07	6.5	12:58	0.3	12:58	0.2	5:34	8:26	
13	Fri	7:43	5.4	8:01	6.6	1:53	0.1	1:52	0.2	5:35	8:26	
14	Sat	8:36	5.5	8:50	6.5	2:45	0.0	2:44	0.2	5:36	8:25	
15	Sun	9:26	5.5	9:36	6.4	3:35	-0.1	3:33	0.3	5:37	8:25	
16	Mon	10:13	5.5	10:21	6.2	4:20	-0.1	4:19	0.4	5:38	8:24	
17	Tue	10:59	5.5	11:04	6.0	5:02	0.0	5:04	0.5	5:38	8:24	
18	Wed	11:45	5.5	11:47	5.6	5:41	0.1	5:47	0.7	5:39	8:23	
19	Thu			12:30	5.4	6:18	0.3	6:30	1.0	5:40	8:22	
20	Fri	12:31	5.3	1:15	5.4	6:55	0.5	7:16	1.2	5:41	8:21	
21	Sat	1:17	5.0	1:59	5.4	7:34	0.8	8:06	1.3	5:42	8:21	
22	Sun	2:04	4.7	2:43	5.4	8:18	1.0	9:03	1.4	5:43	8:20	
23	Mon	2:53	4.5	3:29	5.4	9:10	1.1	10:03	1.4	5:43	8:19	
24	Tue	3:46	4.4	4:19	5.4	10:07	1.2	11:02	1.2	5:44	8:18	
25	Wed	4:42	4.4	5:11	5.5	11:04	1.2	11:57	1.0	5:45	8:17	
26	Thu	5:40	4.5	6:05	5.7	11:57	1.1			5:46	8:17	
27	Fri	6:36	4.7	6:56	6.0	12:50	0.7	12:48	0.9	5:47	8:16	
28	Sat	7:28	4.9	7:45	6.3	1:40	0.5	1:37	0.7	5:48	8:15	
29	Sun	8:16	5.1	8:30	6.5	2:28	0.2	2:26	0.5	5:49	8:14	
30	Mon	9:01	5.4	9:14	6.6	3:15	-0.1	3:14	0.4	5:50	8:13	
31	Tue	9:45	5.7	9:58	6.6	3:59	-0.2	4:01	0.2	5:51	8:12	