US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:31	5.9	10:44	6.4	4:41	-0.3	4:49	0.2	5:52	8:11	
2	Thu	11:18	6.1	11:33	6.2	5:23	-0.3	5:37	0.3	5:53	8:10	
3	Fri			12:08	6.2	6:05	-0.2	6:28	0.4	5:54	8:08	
4	Sat	12:26	5.8	1:01	6.2	6:50	-0.1	7:24	0.6	5:54	8:07	
5	Sun	1:23	5.5	1:56	6.2	7:40	0.2	8:27	0.8	5:55	8:06	
6	Mon	2:22	5.2	2:52	6.2	8:39	0.4	9:37	0.9	5:56	8:05	
7	Tue	3:23	5.1	3:51	6.1	9:43	0.6	10:45	0.8	5:57	8:04	
8	Wed	4:26	5.0	4:53	6.1	10:48	0.6	11:48	0.7	5:58	8:03	
9	Thu	5:30	5.0	5:54	6.1	11:48	0.5			5:59	8:01	
10	Fri	6:32	5.2	6:52	6.2	12:44	0.5	12:44	0.4	6:00	8:00	
11	Sat	7:28	5.4	7:44	6.4	1:37	0.2	1:35	0.3	6:01	7:59	
12	Sun	8:18	5.6	8:30	6.4	2:25	0.1	2:24	0.3	6:02	7:57	
13	Mon	9:04	5.7	9:13	6.3	3:09	0.0	3:11	0.3	6:03	7:56	
14	Tue	9:46	5.8	9:53	6.1	3:50	0.0	3:55	0.4	6:04	7:55	
15	Wed	10:27	5.8	10:32	5.9	4:28	0.0	4:36	0.5	6:05	7:53	
16	Thu	11:07	5.7	11:11	5.5	5:03	0.2	5:16	0.7	6:06	7:52	
17	Fri	11:46	5.6	11:50	5.2	5:37	0.4	5:56	0.9	6:07	7:51	
18	Sat			12:27	5.5	6:10	0.7	6:36	1.1	6:08	7:49	
19	Sun	12:33	4.9	1:09	5.4	6:44	1.0	7:21	1.3	6:09	7:48	
20	Mon	1:19	4.6	1:53	5.3	7:23	1.2	8:15	1.5	6:10	7:46	
21	Tue	2:11	4.5	2:42	5.2	8:14	1.4	9:21	1.5	6:11	7:45	
22	Wed	3:07	4.4	3:36	5.3	9:20	1.5	10:28	1.4	6:12	7:43	
23	Thu	4:06	4.4	4:33	5.4	10:27	1.4	11:28	1.1	6:13	7:42	
24	Fri	5:08	4.5	5:32	5.7	11:27	1.2			6:14	7:40	
25	Sat	6:07	4.8	6:28	6.1	12:23	0.8	12:21	0.9	6:15	7:39	
26	Sun	7:01	5.2	7:19	6.4	1:13	0.4	1:13	0.6	6:16	7:37	
27	Mon	7:50	5.6	8:07	6.7	2:00	0.0	2:04	0.3	6:17	7:36	
28	Tue	8:36	6.0	8:53	6.8	2:45	-0.3	2:53	0.0	6:18	7:34	
29	Wed	9:21	6.4	9:38	6.7	3:29	-0.5	3:43	-0.1	6:19	7:33	
30	Thu	10:06	6.6	10:25	6.5	4:12	-0.5	4:32	-0.1	6:20	7:31	
31	Fri	10:52	6.7	11:14	6.1	4:55	-0.5	5:21	0.0	6:21	7:29	