

































Rockaway Beach (inside), NY - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:06	4.9	2:19	4.3	8:26	0.9	8:45	0.7	7:18	4:38	
2	Wed	2:55	5.0	3:13	4.2	9:25	0.9	9:39	0.7	7:18	4:39	
3	Thu	3:46	5.0	4:08	4.2	10:21	0.7	10:30	0.6	7:18	4:40	
4	Fri	4:38	5.1	5:03	4.3	11:12	0.5	11:19	0.5	7:19	4:41	
5	Sat	5:28	5.2	5:54	4.4			12:01	0.3	7:19	4:42	
6	Sun	6:15	5.4	6:41	4.6	12:06	0.4	12:48	0.1	7:18	4:42	
7	Mon	6:58	5.6	7:24	4.7	12:51	0.2	1:33	-0.1	7:18	4:43	
8	Tue	7:38	5.7	8:04	4.8	1:34	0.2	2:17	-0.2	7:18	4:44	
9	Wed	8:16	5.8	8:43	4.9	2:16	0.1	2:59	-0.3	7:18	4:45	
10	Thu	8:54	5.8	9:22	4.9	2:57	0.1	3:39	-0.3	7:18	4:46	
11	Fri	9:34	5.8	10:04	5.0	3:37	0.1	4:18	-0.3	7:18	4:47	
12	Sat	10:17	5.6	10:51	5.1	4:19	0.1	4:56	-0.3	7:17	4:49	
13	Sun	11:06	5.3	11:42	5.2	5:04	0.2	5:37	-0.1	7:17	4:50	
14	Mon			12:01	5.1	5:56	0.3	6:24	0.0	7:17	4:51	
15	Tue	12:37	5.3	1:02	4.8	6:59	0.5	7:22	0.2	7:16	4:52	
16	Wed	1:35	5.4	2:05	4.7	8:13	0.5	8:29	0.2	7:16	4:53	
17	Thu	2:35	5.5	3:10	4.6	9:27	0.4	9:37	0.1	7:16	4:54	
18	Fri	3:39	5.6	4:17	4.7	10:33	0.2	10:40	0.0	7:15	4:55	
19	Sat	4:43	5.8	5:21	4.9	11:34	-0.1	11:39	-0.3	7:15	4:56	
20	Sun	5:45	6.0	6:20	5.2			12:30	-0.4	7:14	4:57	
21	Mon	6:41	6.2	7:14	5.4	12:33	-0.5	1:22	-0.6	7:13	4:59	
22	Tue	7:31	6.3	8:03	5.6	1:25	-0.6	2:11	-0.8	7:13	5:00	
23	Wed	8:17	6.3	8:49	5.6	2:14	-0.6	2:56	-0.8	7:12	5:01	
24	Thu	9:01	6.2	9:33	5.6	3:00	-0.6	3:38	-0.8	7:11	5:02	
25	Fri	9:44	5.9	10:17	5.5	3:44	-0.4	4:17	-0.6	7:11	5:03	
26	Sat	10:26	5.5	11:01	5.3	4:26	-0.2	4:54	-0.3	7:10	5:05	
27	Sun	11:10	5.1	11:45	5.2	5:08	0.1	5:30	0.0	7:09	5:06	
28	Mon	11:55	4.7			5:51	0.4	6:08	0.4	7:08	5:07	
29	Tue	12:30	5.0	12:43	4.4	6:38	0.7	6:52	0.7	7:07	5:08	
30	Wed	1:16	4.9	1:34	4.1	7:34	0.9	7:45	0.9	7:07	5:09	
31	Thu	2:06	4.7	2:28	4.0	8:37	1.0	8:48	1.0	7:06	5:11	