

































Rockaway Beach (inside), NY - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:10	4.6	2:46	4.0	8:59	1.2	9:07	1.3	6:27	5:47	
2	Sun	3:10	4.7	3:49	4.1	10:05	1.0	10:12	1.1	6:26	5:48	
3	Mon	4:12	4.9	4:49	4.4	11:02	0.7	11:08	0.8	6:24	5:49	
4	Tue	5:10	5.2	5:44	4.8	11:52	0.3	11:59	0.4	6:23	5:50	
5	Wed	6:02	5.6	6:32	5.2			12:38	-0.1	6:21	5:51	
6	Thu	6:49	5.9	7:15	5.7	12:48	0.1	1:22	-0.4	6:20	5:52	
7	Fri	7:34	6.1	7:57	6.1	1:36	-0.2	2:05	-0.6	6:18	5:53	
8	Sat	8:17	6.1	8:39	6.4	2:23	-0.5	2:46	-0.7	6:17	5:54	
9	Sun	10:01	6.0	10:22	6.5	4:09	-0.6	4:27	-0.7	7:15	6:55	
10	Mon	10:47	5.8	11:07	6.5	4:55	-0.6	5:09	-0.5	7:13	6:56	
11	Tue	11:38	5.5	11:58	6.3	5:43	-0.4	5:53	-0.3	7:12	6:58	
12	Wed			12:33	5.2	6:33	-0.1	6:42	0.1	7:10	6:59	
13	Thu	12:54	6.0	1:33	4.9	7:31	0.3	7:40	0.4	7:08	7:00	
14	Fri	1:54	5.7	2:37	4.8	8:39	0.6	8:50	0.7	7:07	7:01	
15	Sat	2:58	5.5	3:42	4.7	9:53	0.7	10:03	0.7	7:05	7:02	
16	Sun	4:03	5.4	4:47	4.9	11:01	0.5	11:09	0.6	7:04	7:03	
17	Mon	5:08	5.4	5:49	5.1	11:59	0.2			7:02	7:04	
18	Tue	6:08	5.6	6:45	5.5	12:08	0.3	12:50	0.0	7:00	7:05	
19	Wed	7:02	5.7	7:34	5.8	1:00	0.1	1:35	-0.2	6:59	7:06	
20	Thu	7:49	5.8	8:18	6.1	1:48	-0.1	2:17	-0.3	6:57	7:07	
21	Fri	8:32	5.8	8:57	6.2	2:33	-0.2	2:56	-0.3	6:55	7:08	
22	Sat	9:12	5.7	9:34	6.2	3:15	-0.2	3:33	-0.2	6:54	7:09	
23	Sun	9:49	5.5	10:10	6.1	3:55	-0.2	4:08	0.0	6:52	7:10	
24	Mon	10:27	5.3	10:45	5.9	4:33	-0.1	4:42	0.2	6:50	7:11	
25	Tue	11:04	5.0	11:20	5.6	5:10	0.2	5:14	0.5	6:49	7:12	
26	Wed	11:42	4.7	11:56	5.3	5:46	0.4	5:46	0.8	6:47	7:13	
27	Thu			12:25	4.5	6:24	0.7	6:20	1.1	6:45	7:15	
28	Fri	12:37	5.1	1:14	4.3	7:08	1.0	6:59	1.3	6:44	7:16	
29	Sat	1:27	4.9	2:10	4.2	8:05	1.2	7:58	1.5	6:42	7:17	
30	Sun	2:24	4.8	3:10	4.2	9:17	1.2	9:20	1.6	6:40	7:18	
31	Mon	3:26	4.9	4:11	4.4	10:25	1.1	10:34	1.4	6:39	7:19	