

































## Rockaway Beach (inside), NY - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:02	5.4	7:23	6.9	1:14	0.0	1:15	-0.1	5:28	8:29	
2	Wed	8:00	5.6	8:18	7.0	2:11	-0.2	2:11	-0.2	5:29	8:29	
3	Thu	8:55	5.8	9:11	7.0	3:05	-0.4	3:06	-0.2	5:29	8:29	
4	Fri	9:48	5.9	10:01	6.8	3:57	-0.5	3:59	-0.1	5:30	8:29	
5	Sat	10:40	5.9	10:51	6.6	4:46	-0.5	4:49	0.0	5:30	8:29	
6	Sun	11:31	5.8	11:40	6.2	5:32	-0.4	5:38	0.2	5:31	8:28	
7	Mon			12:22	5.8	6:16	-0.2	6:26	0.5	5:32	8:28	
8	Tue	12:29	5.9	1:12	5.8	6:59	0.0	7:16	0.8	5:32	8:28	
9	Wed	1:19	5.5	2:00	5.7	7:42	0.3	8:09	1.0	5:33	8:27	
10	Thu	2:08	5.1	2:47	5.7	8:29	0.6	9:05	1.1	5:34	8:27	
11	Fri	2:58	4.9	3:34	5.6	9:19	0.8	10:03	1.2	5:34	8:26	
12	Sat	3:49	4.7	4:23	5.6	10:11	0.9	10:59	1.1	5:35	8:26	
13	Sun	4:43	4.6	5:14	5.6	11:03	1.0	11:52	1.0	5:36	8:25	
14	Mon	5:38	4.6	6:05	5.7	11:54	0.9			5:37	8:25	
15	Tue	6:33	4.6	6:55	5.8	12:42	0.8	12:43	0.9	5:37	8:24	
16	Wed	7:24	4.8	7:41	5.9	1:30	0.7	1:30	0.8	5:38	8:24	
17	Thu	8:10	4.9	8:23	6.0	2:17	0.5	2:16	0.8	5:39	8:23	
18	Fri	8:52	5.0	9:01	6.1	3:02	0.3	3:00	0.8	5:40	8:22	
19	Sat	9:32	5.1	9:39	6.1	3:45	0.2	3:42	0.8	5:41	8:22	
20	Sun	10:11	5.2	10:16	6.0	4:25	0.1	4:23	0.8	5:41	8:21	
21	Mon	10:51	5.3	10:56	5.9	5:02	0.1	5:04	0.8	5:42	8:20	
22	Tue	11:33	5.5	11:40	5.7	5:39	0.1	5:46	0.8	5:43	8:19	
23	Wed			12:19	5.7	6:16	0.2	6:33	0.8	5:44	8:19	
24	Thu	12:31	5.5	1:09	5.8	6:56	0.3	7:28	0.9	5:45	8:18	
25	Fri	1:28	5.3	2:03	6.0	7:45	0.4	8:34	1.0	5:46	8:17	
26	Sat	2:28	5.1	3:01	6.1	8:45	0.6	9:47	0.9	5:47	8:16	
27	Sun	3:31	5.0	4:01	6.2	9:53	0.6	10:57	0.8	5:48	8:15	
28	Mon	4:37	5.0	5:05	6.3	11:00	0.5			5:49	8:14	
29	Tue	5:43	5.1	6:08	6.5	12:01	0.5	12:02	0.3	5:50	8:13	
30	Wed	6:47	5.4	7:08	6.7	1:00	0.2	1:00	0.1	5:50	8:12	
31	Thu	7:45	5.7	8:03	6.8	1:55	-0.1	1:56	-0.1	5:51	8:11	