
































## Rockaway Beach (inside), NY - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:12	5.5	3:55	5.9	9:51	0.2	10:21	0.7	5:26	8:19	
2	Tue	4:07	5.3	4:47	6.1	10:43	0.2	11:19	0.6	5:26	8:20	
3	Wed	5:03	5.2	5:38	6.1	11:33	0.3			5:25	8:21	
4	Thu	5:58	5.1	6:28	6.2	12:11	0.5	12:19	0.3	5:25	8:21	
5	Fri	6:51	5.1	7:15	6.2	1:00	0.4	1:05	0.4	5:25	8:22	
6	Sat	7:40	5.1	8:00	6.2	1:47	0.3	1:49	0.5	5:24	8:23	
7	Sun	8:26	5.1	8:42	6.2	2:32	0.3	2:34	0.6	5:24	8:23	
8	Mon	9:09	5.1	9:22	6.0	3:17	0.3	3:17	0.7	5:24	8:24	
9	Tue	9:51	5.0	10:01	5.9	4:00	0.3	3:58	0.8	5:24	8:25	
10	Wed	10:32	4.9	10:38	5.7	4:41	0.4	4:38	1.0	5:24	8:25	
11	Thu	11:14	4.8	11:15	5.5	5:20	0.5	5:16	1.1	5:23	8:26	
12	Fri	11:57	4.7	11:54	5.3	5:58	0.5	5:54	1.3	5:23	8:26	
13	Sat			12:42	4.8	6:37	0.6	6:35	1.4	5:23	8:27	
14	Sun	12:38	5.2	1:27	4.9	7:16	0.7	7:22	1.5	5:23	8:27	
15	Mon	1:27	5.1	2:14	5.1	8:01	0.7	8:22	1.5	5:23	8:27	
16	Tue	2:20	5.0	3:02	5.4	8:52	0.8	9:31	1.3	5:23	8:28	
17	Wed	3:17	4.9	3:53	5.7	9:49	0.7	10:38	1.0	5:23	8:28	
18	Thu	4:18	4.9	4:48	6.0	10:46	0.6	11:39	0.7	5:24	8:28	
19	Fri	5:20	5.0	5:46	6.3	11:43	0.4			5:24	8:29	
20	Sat	6:23	5.1	6:44	6.7	12:37	0.3	12:38	0.2	5:24	8:29	
21	Sun	7:22	5.3	7:40	6.9	1:34	0.0	1:34	0.0	5:24	8:29	
22	Mon	8:18	5.6	8:34	7.1	2:29	-0.3	2:29	-0.2	5:24	8:29	
23	Tue	9:11	5.8	9:26	7.1	3:23	-0.5	3:24	-0.3	5:25	8:29	
24	Wed	10:05	5.9	10:18	7.0	4:15	-0.6	4:18	-0.3	5:25	8:30	
25	Thu	10:59	6.0	11:11	6.8	5:05	-0.6	5:10	-0.2	5:25	8:30	
26	Fri	11:54	6.0			5:53	-0.6	6:02	0.0	5:26	8:30	
27	Sat	12:04	6.4	12:48	6.0	6:41	-0.4	6:56	0.3	5:26	8:30	
28	Sun	12:58	6.1	1:42	6.0	7:30	-0.2	7:52	0.6	5:27	8:30	
29	Mon	1:51	5.7	2:33	6.0	8:20	0.1	8:51	0.8	5:27	8:30	
30	Tue	2:44	5.4	3:24	6.0	9:13	0.3	9:51	0.9	5:27	8:30	