

































Rockaway Beach (inside), NY - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:59	4.6	5:28	5.6	11:19	1.0			5:52	8:10	
2	Sun	5:56	4.7	6:22	5.7	12:08	0.9	12:10	0.9	5:53	8:09	
3	Mon	6:50	4.8	7:11	5.8	12:57	0.7	12:58	0.9	5:54	8:08	
4	Tue	7:39	5.0	7:55	5.9	1:43	0.6	1:45	0.8	5:55	8:07	
5	Wed	8:23	5.2	8:35	6.0	2:27	0.4	2:29	0.8	5:56	8:06	
6	Thu	9:03	5.3	9:12	6.0	3:09	0.3	3:12	0.8	5:57	8:04	
7	Fri	9:40	5.4	9:46	5.9	3:47	0.2	3:52	0.8	5:58	8:03	
8	Sat	10:15	5.4	10:20	5.7	4:24	0.2	4:31	0.8	5:59	8:02	
9	Sun	10:49	5.5	10:55	5.6	4:58	0.3	5:08	0.9	6:00	8:01	
10	Mon	11:26	5.6	11:36	5.4	5:31	0.4	5:46	0.9	6:01	7:59	
11	Tue			12:07	5.7	6:04	0.5	6:28	1.0	6:02	7:58	
12	Wed	12:24	5.1	12:56	5.8	6:40	0.7	7:20	1.1	6:03	7:57	
13	Thu	1:22	4.9	1:51	5.8	7:28	0.8	8:29	1.2	6:04	7:55	
14	Fri	2:24	4.8	2:52	5.9	8:33	0.9	9:47	1.1	6:05	7:54	
15	Sat	3:30	4.8	3:57	6.1	9:49	0.8	10:58	0.9	6:06	7:53	
16	Sun	4:37	4.9	5:03	6.3	10:59	0.6			6:07	7:51	
17	Mon	5:44	5.2	6:07	6.6	12:01	0.5	12:02	0.3	6:08	7:50	
18	Tue	6:46	5.6	7:06	6.8	12:58	0.1	1:01	0.0	6:09	7:48	
19	Wed	7:43	6.1	8:00	7.0	1:50	-0.3	1:56	-0.3	6:10	7:47	
20	Thu	8:35	6.4	8:50	7.0	2:40	-0.6	2:49	-0.4	6:11	7:46	
21	Fri	9:24	6.7	9:37	6.9	3:28	-0.8	3:40	-0.4	6:12	7:44	
22	Sat	10:11	6.7	10:24	6.6	4:12	-0.7	4:29	-0.3	6:13	7:43	
23	Sun	10:57	6.6	11:11	6.2	4:55	-0.5	5:16	-0.1	6:14	7:41	
24	Mon	11:44	6.4			5:37	-0.2	6:03	0.3	6:14	7:40	
25	Tue	12:00	5.7	12:33	6.2	6:19	0.2	6:50	0.6	6:15	7:38	
26	Wed	12:51	5.3	1:22	5.9	7:02	0.6	7:42	1.0	6:16	7:37	
27	Thu	1:43	5.0	2:14	5.6	7:51	1.0	8:40	1.3	6:17	7:35	
28	Fri	2:38	4.7	3:07	5.4	8:48	1.3	9:44	1.4	6:18	7:33	
29	Sat	3:33	4.6	4:02	5.4	9:50	1.4	10:45	1.3	6:19	7:32	
30	Sun	4:31	4.6	4:58	5.4	10:50	1.3	11:40	1.1	6:20	7:30	
31	Mon	5:28	4.7	5:53	5.5	11:44	1.2			6:21	7:29	