

































Rockaway Beach (inside), NY - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:37	5.4	6:53	5.7	12:38	0.5	12:52	0.8	6:52	6:37	
2	Fri	7:19	5.7	7:35	5.8	1:19	0.3	1:37	0.6	6:53	6:35	
3	Sat	7:58	6.0	8:15	5.9	1:59	0.1	2:20	0.4	6:54	6:34	
4	Sun	8:35	6.2	8:54	5.9	2:38	0.1	3:03	0.2	6:55	6:32	
5	Mon	9:11	6.4	9:33	5.7	3:17	0.1	3:46	0.2	6:56	6:30	
6	Tue	9:48	6.5	10:15	5.6	3:55	0.2	4:29	0.2	6:57	6:29	
7	Wed	10:29	6.4	11:01	5.3	4:35	0.3	5:14	0.4	6:58	6:27	
8	Thu	11:17	6.3	11:54	5.1	5:17	0.4	6:03	0.6	6:59	6:26	
9	Fri			12:13	6.1	6:04	0.6	6:59	0.8	7:00	6:24	
10	Sat	12:57	4.9	1:17	5.9	7:01	0.8	8:06	0.9	7:01	6:22	
11	Sun	2:03	4.9	2:23	5.9	8:10	0.9	9:18	0.9	7:02	6:21	
12	Mon	3:09	5.0	3:28	5.9	9:25	0.9	10:24	0.6	7:03	6:19	
13	Tue	4:12	5.3	4:31	6.0	10:35	0.7	11:22	0.2	7:04	6:18	
14	Wed	5:13	5.7	5:30	6.1	11:36	0.3			7:05	6:16	
15	Thu	6:09	6.2	6:26	6.2	12:13	-0.1	12:31	0.0	7:06	6:15	
16	Fri	7:01	6.5	7:18	6.3	1:00	-0.4	1:21	-0.2	7:07	6:13	
17	Sat	7:48	6.8	8:05	6.2	1:44	-0.5	2:10	-0.3	7:08	6:12	
18	Sun	8:32	6.9	8:50	6.1	2:28	-0.4	2:56	-0.3	7:09	6:10	
19	Mon	9:13	6.8	9:33	5.9	3:10	-0.3	3:41	-0.2	7:11	6:09	
20	Tue	9:54	6.6	10:16	5.6	3:51	0.0	4:24	0.0	7:12	6:07	
21	Wed	10:36	6.2	10:59	5.2	4:31	0.3	5:06	0.3	7:13	6:06	
22	Thu	11:19	5.8	11:46	4.9	5:10	0.6	5:49	0.6	7:14	6:05	
23	Fri			12:06	5.5	5:50	0.9	6:34	1.0	7:15	6:03	
24	Sat	12:37	4.6	12:57	5.2	6:34	1.2	7:25	1.2	7:16	6:02	
25	Sun	1:32	4.4	1:51	5.0	7:25	1.5	8:24	1.3	7:17	6:00	
26	Mon	2:29	4.4	2:46	4.9	8:29	1.6	9:26	1.3	7:18	5:59	
27	Tue	3:24	4.5	3:40	4.9	9:37	1.6	10:23	1.0	7:20	5:58	
28	Wed	4:18	4.7	4:33	5.0	10:39	1.4	11:13	0.8	7:21	5:56	
29	Thu	5:09	5.0	5:26	5.1	11:33	1.1	11:58	0.5	7:22	5:55	
30	Fri	5:56	5.4	6:16	5.3			12:22	0.7	7:23	5:54	
31	Sat	6:41	5.8	7:03	5.5	12:41	0.2	1:09	0.4	7:24	5:53	