






























Rockaway Beach (inside), NY - Feb 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:21	6.6	9:54	6.3	3:24	-1.1	3:56	-1.2	7:04	5:13	
2	Tue	10:10	6.2	10:44	6.2	4:13	-0.9	4:41	-1.0	7:03	5:14	
3	Wed	11:01	5.8	11:35	5.9	5:02	-0.6	5:25	-0.6	7:02	5:15	
4	Thu	11:53	5.3			5:52	-0.2	6:12	-0.2	7:01	5:16	
5	Fri	12:27	5.7	12:48	4.9	6:46	0.2	7:04	0.3	7:00	5:17	
6	Sat	1:20	5.4	1:44	4.6	7:47	0.5	8:04	0.6	6:59	5:19	
7	Sun	2:15	5.1	2:42	4.4	8:52	0.7	9:07	0.7	6:58	5:20	
8	Mon	3:12	5.0	3:42	4.3	9:56	0.7	10:07	0.7	6:57	5:21	
9	Tue	4:11	5.0	4:41	4.4	10:52	0.6	11:02	0.6	6:56	5:22	
10	Wed	5:09	5.1	5:37	4.6	11:43	0.4	11:51	0.4	6:54	5:24	
11	Thu	6:01	5.3	6:26	4.8			12:29	0.1	6:53	5:25	
12	Fri	6:46	5.4	7:10	5.1	12:37	0.2	1:12	-0.1	6:52	5:26	
13	Sat	7:27	5.5	7:49	5.2	1:21	0.1	1:52	-0.2	6:51	5:27	
14	Sun	8:03	5.5	8:25	5.3	2:02	0.1	2:30	-0.3	6:49	5:28	
15	Mon	8:38	5.5	8:59	5.4	2:41	0.1	3:06	-0.3	6:48	5:30	
16	Tue	9:11	5.3	9:30	5.4	3:19	0.1	3:39	-0.1	6:47	5:31	
17	Wed	9:43	5.2	10:02	5.3	3:54	0.2	4:11	0.0	6:46	5:32	
18	Thu	10:18	5.0	10:36	5.3	4:28	0.3	4:41	0.2	6:44	5:33	
19	Fri	10:59	4.8	11:18	5.3	5:03	0.4	5:12	0.4	6:43	5:34	
20	Sat	11:50	4.6			5:44	0.6	5:51	0.6	6:41	5:36	
21	Sun	12:11	5.3	12:51	4.4	6:42	0.7	6:49	0.7	6:40	5:37	
22	Mon	1:12	5.3	1:57	4.4	8:02	0.8	8:10	0.7	6:39	5:38	
23	Tue	2:19	5.4	3:05	4.5	9:22	0.7	9:29	0.5	6:37	5:39	
24	Wed	3:28	5.6	4:13	4.8	10:30	0.3	10:36	0.2	6:36	5:40	
25	Thu	4:36	5.8	5:17	5.2	11:29	-0.1	11:36	-0.3	6:34	5:41	
26	Fri	5:38	6.2	6:15	5.8			12:22	-0.6	6:33	5:43	
27	Sat	6:35	6.5	7:08	6.3	12:33	-0.7	1:12	-0.9	6:31	5:44	
28	Sun	7:26	6.6	7:57	6.6	1:26	-1.0	2:00	-1.2	6:30	5:45	