
































Rockaway Beach (inside), NY - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:50	5.4	11:06	6.1	4:56	-0.1	5:01	0.4	5:53	7:50	
2	Sun	11:38	5.1	11:52	5.8	5:39	0.2	5:43	0.7	5:52	7:51	
3	Mon			12:28	4.9	6:23	0.5	6:27	1.1	5:51	7:53	
4	Tue	12:41	5.4	1:20	4.7	7:10	0.7	7:15	1.3	5:50	7:54	
5	Wed	1:32	5.2	2:12	4.7	8:00	0.9	8:11	1.5	5:48	7:55	
6	Thu	2:24	5.0	3:04	4.8	8:55	1.0	9:15	1.6	5:47	7:56	
7	Fri	3:15	4.9	3:55	4.9	9:51	0.9	10:17	1.5	5:46	7:57	
8	Sat	4:08	4.8	4:45	5.2	10:43	0.8	11:14	1.3	5:45	7:58	
9	Sun	5:01	4.8	5:34	5.4	11:31	0.6			5:44	7:59	
10	Mon	5:54	4.9	6:20	5.7	12:05	1.0	12:17	0.5	5:43	8:00	
11	Tue	6:45	5.0	7:05	6.0	12:53	0.6	1:01	0.4	5:42	8:01	
12	Wed	7:33	5.2	7:47	6.3	1:40	0.4	1:46	0.3	5:41	8:02	
13	Thu	8:18	5.3	8:28	6.5	2:27	0.1	2:30	0.3	5:40	8:03	
14	Fri	9:02	5.3	9:10	6.6	3:13	0.0	3:14	0.3	5:39	8:04	
15	Sat	9:47	5.4	9:54	6.6	4:00	-0.1	3:59	0.2	5:38	8:05	
16	Sun	10:34	5.3	10:41	6.6	4:46	-0.1	4:45	0.3	5:37	8:05	
17	Mon	11:25	5.3	11:33	6.4	5:34	0.0	5:33	0.3	5:36	8:06	
18	Tue			12:21	5.3	6:23	0.0	6:25	0.5	5:35	8:07	
19	Wed	12:29	6.2	1:19	5.4	7:15	0.1	7:23	0.6	5:34	8:08	
20	Thu	1:28	6.0	2:17	5.6	8:11	0.2	8:28	0.7	5:33	8:09	
21	Fri	2:27	5.8	3:15	5.8	9:11	0.2	9:36	0.7	5:33	8:10	
22	Sat	3:26	5.7	4:11	6.0	10:10	0.1	10:41	0.5	5:32	8:11	
23	Sun	4:26	5.6	5:07	6.3	11:05	0.0	11:40	0.3	5:31	8:12	
24	Mon	5:25	5.5	6:02	6.5	11:57	0.0			5:30	8:13	
25	Tue	6:23	5.5	6:54	6.6	12:35	0.1	12:47	0.0	5:30	8:14	
26	Wed	7:18	5.5	7:43	6.7	1:27	-0.1	1:35	0.0	5:29	8:15	
27	Thu	8:09	5.5	8:30	6.6	2:16	-0.1	2:23	0.1	5:29	8:15	
28	Fri	8:57	5.5	9:14	6.5	3:05	-0.1	3:09	0.3	5:28	8:16	
29	Sat	9:43	5.4	9:58	6.3	3:51	-0.1	3:54	0.4	5:27	8:17	
30	Sun	10:28	5.2	10:41	6.0	4:35	0.1	4:37	0.6	5:27	8:18	
31	Mon	11:14	5.1	11:24	5.7	5:17	0.2	5:18	0.9	5:26	8:18	